

## STUDY GUIDE FOR THE 8 CORE CONTENT AREAS COVERED BY THE COUNSELOR PREPARATION COMPREHENSIVE EXAMINATION (CPCE)

### 1. HUMAN GROWTH AND DEVELOPMENT

#### **PSYC 8250: Developmental Psychology:**

Nature-nurture controversy; Cognitive development theories; Language development theories; Personality development theories; Moral development theories

#### **PSYC 5400: Abnormal Psychology:**

Psychopharmacology; DSM multiaxial assessment system; Disorders of infancy, childhood, or adolescence; Cognitive disorders; Substance related disorders; Psychotic disorders; Mood disorders; Anxiety disorders; Somatoform and dissociative disorders; Sexual and gender identity disorders; Eating disorders; Impulse control disorders; Adjustment disorders; Personality disorders; V codes

#### **PSYC 7020: Conditions of Learning**

Classical conditioning; Operant Conditioning; Cognitive learning theories; Memory and forgetting

### 2. SOCIAL AND CULTURAL FOUNDATIONS

#### **SCHC 7470: Counseling Culturally Diverse Populations:**

Specific racial/cultural groups (Native-Americans or American Indians, African-Americans, Asian-Americans, Hispanic-Americans)

Elderly clients; Clients with disabilities; Gay, lesbian, bisexual, and transgender clients; Clients with HIV or AIDS; Gender issues in counseling; Barriers to Cross-Cultural and Cross-Class Counseling; Research on Racism in Counseling, Research on Classism in Counseling; Cultural Values

#### ***Substance Abuse and Dependence***

Definitions of drug abuse; Description of the addict; Etiology of drug abuse; Treatment of drug abuse; Commonly abused drugs; Family therapy for treating drug abuse

### 3. THE HELPING RELATIONSHIP

#### **SCHC 7400: Counseling Theory and Practice:**

Psychodynamic theories; Cognitive theories; Behavioral theories; Humanistic theories  
Psychodynamic family therapy; Communication/interaction family therapy; Extended family systems therapy; Structural family therapy; Strategic family therapy

#### **SCHC 7900: Prepracticum**

Counseling and interviewing (micro)skills, basic counseling techniques; advanced counseling techniques, stages of counseling, case conceptualization

**SCHC 7830: Consultation and Advocacy**

Consultation process; models of consultation (mental health or psychodynamic models, behavioral or educational models, systems or process models)

***Crisis Intervention and Family Violence***

Legal and ethical issues in crisis intervention; Suicide assessment; Dangerousness assessment; Victims of spouse abuse; Victims of child physical abuse; Victims of incest; Victims of rape; Characteristics of the abused child; Characteristics of the abusive parent; Characteristics of the child abusing family; Sexual abuse and incest; Cycle of spousal abuse; Characteristics of batterers and battered women; Barriers to the treatment of spouse abuse

**4. GROUP WORK****SCHC 7450: Group Counseling:**

Group development; Group leader's role and responsibilities; Group intervention techniques and processes; Group theories

Types of groups in organizations; Structure of groups in organizations; Effects of groups on group members; Group cohesion; Group decision making and problem solving; Group communication structures; Group conflict; Organizational development

**5. LIFESTYLE AND CAREER DEVELOPMENT****SCHC 7820: Career Counseling*****Assessment***

Intelligence tests; Specific abilities and aptitude tests; Personality tests; Interest tests; Career maturity and work values assessment

***Lifestyle and Career Development***

Theories of career development; Models of career decision-making; Career placement; Career Education; Career life planning; Information systems; Approaches to career counseling; Career counseling with special populations

**6. APPRAISAL****PSYC 7030: Measurement and Evaluation**

Role of testing; Behavioral observation; Educational and interest assessment; Test construction; Reliability; Validity; Interpretation of test scores

**7. RESEARCH AND EVALUATION****RSCH 7100: Research Methodology:**

Sampling; Research strategies; Experimental Variance; Extraneous variance; Error variance; Internal validity; External validity; Group designs; Single-subject designs; Descriptive statistics; Inferential statistics; Hypothesis testing; Statistical tests; Correlation techniques; Computer analysis; Evaluation research

## **8. PROFESSIONAL ORIENTATION**

### **SCHC 7800: Orientation to Counseling:**

History of the helping profession; Professional roles and functions; Professional Organizations; Professional credentialing

#### ***Legal and Ethical Standards***

Development of ethical codes; Rationale for ethical codes; Ethics and the law; Confidentiality; Competence; Continuing education; Client's welfare and rights; Guidelines for responding to ethical questions; Standards for professional practice

### **LEAD 7210: Ethics and Law:**

*Same as Legal and Ethical Standards*