Family Therapy Student Handbook

Marriage and Family Therapy Program

2015-2016

VALDOSTA STATE UNIVERSITY



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Equal Opportunity and Affirmative Action Statement

Valdosta State University is an equal opportunity educational institution. It is not the intent of the institution to discriminate against any applicant for admission or any student or employee of the institution based on the sex, race, religion, color, national origin, disability, or sexual orientation of the individual. It is the intent of the institution to comply with the Civil Rights Act of 1964 and subsequent Executive Orders as well as Title IX, Equal Pay Act of 1963, Vietnam Era Veterans Readjustment Assistance Act of 1974, Age Discrimination in Employment Act of 1967, and the Rehabilitation Act of 1973.

The Americans with Disabilities Act, Public Law 101-336, extends the prohibition against discrimination on the basis of disability in Section 504 to all programs, activities, and services provided or made available by state and local governments, regardless of whether those entities receive federal financial assistance. Section 504 of the Rehabilitation Act of 1973 states that no otherwise qualified disabled individual can be denied access to or participation in any federally funded activity or program solely on the basis of disability.

About this Handbook

This handbook is intended to supplement, not override the VSU Graduate School Catalog, which takes precedence over the *Family Therapy Student Handbook* in the case of conflict. The handbook is revised continually on an "as necessary" basis. If you, the reader, notices useful additions or revisions that could be made, do let us know. A thorough and comprehensive review and revision occurs every year during the faculty annual strategic planning retreat.

Student Responsibility to Be Informed and Stay Up to Date

The University and the MFT Program reserve the discretionary right to dismiss any student who does not meet academic requirements or fails to maintain acceptable standards of conduct consistent with the University's Student Code of Ethics or the American Association of Marriage and Family Therapy Code of Ethics. The *Valdosta State University Graduate Catalog*, the *Valdosta State University Graduate Student Handbook*, the *Valdosta State University Student Handbook*, the *Family Therapy Practicum and Internship Handbook*, and the *FamilyWorks Policy and Procedure Manual* all provide important information about the policies and procedures and the pursuit of graduate study in the Marriage and Family Therapy Program. Students are expected to familiarize themselves with the information in each of these publications and conduct themselves accordingly.

MFT Program Overview

The Marriage and Family Therapy (MFT) program at Valdosta State University has an exclusive focus: to prepare clinicians to provide therapeutic services to individuals, couples, families, and groups in ways that emphasize the ecological contexts, interpersonal relationships, and unique meaning systems held by each client. This relational, systemic perspective is underpinned by the belief that careful attention to the many contexts that shape and give meaning to clients' perspectives, values, and experiences is imperative to excellent therapeutic practice.

MFT Program Mission Statement. The mission of the Valdosta State University Marriage and Family Therapy Program is to provide students the academic and clinical training required to practice relationally informed clinical work and ready graduates for work in a variety of mental health settings.

The Master of Science in Marriage and Family Therapy trains students to be highly qualified therapists able to be thoughtful and creative clinicians who are prepared to become leaders in the field of Marriage and Family Therapy. Through coursework, practica, and internships, our dedicated and accessible faculty members emphasize the value of diversity and individual uniqueness, the development of compassion for people and their environments, and a striving for social justice. The program orients students toward developing the posture of reflective practitioners—professionals committed to lifelong learning, the continual improvement of clinical practice through thoughtful innovation, and the critical evaluation of psychotherapeutic scholarship.

MFT Program Philosophy: The philosophy of the Valdosta State University Marriage and Family Therapy Program is guided by a commitment to diversity and the belief that the differences that make up the braid of humanity must be embraced and cherished; a relational understanding that all human behavior and meaning-making are context-dependent, and so a deep appreciation of each client's context is a prerequisite of respectful treatment; and the belief that students' uniqueness should be respected and developed through active, engaged learning with an accessible and supportive faculty.

The curriculum for the Marriage and Family Therapy program builds the knowledge base and skills necessary for practitioners to provide high-quality, effective therapy. It prepares students to use an active, positive, client-focused approach to therapy that will help individuals, couples, and families build on their strengths, improve their relationships, and generate solutions to problems.

The program takes a minimum of two years to complete. Three and four year plans are available.

MFT Program Accreditation

The Valdosta State University MFT Program has been accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) since 2006. As part of our accreditation process, the MFT faculty establishes and publishes MFT Program Educational Outcomes, which include the Valdosta State University mission, the MFT Program mission, philosophy, goals, and objectives (non-measurable variables) and outcomes for students, faculty,

and the program as a whole (measurable variables). The Program goals and Objectives are as follows:

Program Goals

- G1. Recruit, train, and graduate students from diverse backgrounds
- G2. The program will educate students by promoting an understanding and respect for diversity.
- G3. The program will provide education from a relational perspective that values the importance of context in making sense of human behavior.

Program Objectives

- O1. Recruit, train, and graduate students from diverse backgrounds
- O2. Train graduates who report that the program helped them develop an understanding and respect for diversity.
- O3. Graduate students who embrace a professional identity as Marriage & Family Therapists
- O4. Graduate students who obtain licensure in MFT or related mental health field.
- O5. Graduate students who work in mental health careers that help individuals, couples, and families

What follows are specific and measurable Program, Faculty, and Student Learning Outcomes.

Program Outcomes

- PO1. Recruit, train, and graduate students from diverse backgrounds
- PO2. Graduates students who report that the program helped them develop an understanding and respect for diversity.
- PO3. Graduate students who claim the professional identity of Marriage & Family Therapist
- PO4. Demonstrate that at least 70% of graduates will be pursuing doctoral degrees or employed in a mental health field within three years of graduation
- PO5. Demonstrate that at least 70% of graduates will pass the AMFTRB or become licensed as a mental health professional.
- PO6. Demonstrate that at least 80% of enrolled students will graduated within the advertised length of program completion.

Faculty Outcomes

- FO1. Recruit, train, and graduate students from diverse backgrounds
- FO2. Participate in scholarly activities that contribute to the field of Marriage and Family Therapy in accordance with the university, college, and departmental requirements
- FO3. Establish and sustain a professional identity as an MFT as demonstrated by obtaining and maintaining licensure in the state of Georgia as a Marriage and Family Therapist or mental health provider (or associate licensure for not more than four years while working toward full licensure).
- FO4. Establish and sustain a professional identity as an MFT as demonstrated by obtaining and sustaining status as an AAMFT Approved Supervisor or an AS Candidate.
- FO5. Establish and sustain a professional identity as an MFT by regularly providing supervision that promotes and evaluates the following clinical skill areas: (1)the a relational assessment and conceptualization of client problems, (2) impement a systemic perspective, (3) develop interventions that reflect a relational understanding of human dilemmas (4) articulate a coherent therapeutic stance that is grounded in a variety of philosophical or

theoretical informed frameworks, (5) discuss cases in ways that are informed by relevant contextual factors, and (6) demonstrate professionalism, including adherence to legal and ethical standards as well as follow policies and procedures relevant to each clinical setting.

FO6. Faculty meetings, student admissions decisions, curriculum reviews, and/or special committees as needed (i.e., faculty/staff hiring interviews).

Student Learning Outcomes

- SLO1. Practice from a culturally sensitive lens.
- SLO2. Practice from a systemic lens.
- SLO3. Be prepared to obtain entry-level employment in mental health agencies.
- SLO4. Claim the professional identity of Marriage and Family Therapist

Strategic Planning

Each year, prior to the annual MFT Strategic Planning Retreat, the program director prepares the various databases that are used to assess the program's achievement of the Educational Outcomes. The flow chart on the following page provides a bird's eye view of our strategic planning process.

MFT Strategic Planning Process Flow Chart

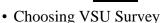
The Professional MFT Principles

- MFT Educational Guidelines
- American Association of Marriage & Family Therapy Core Competencies
- Association of Marital & Family Therapy Regulatory Boards Examination Domains
- American Association of Marriage & Family Therapy Code of Ethics
- Georgia Licensure Law

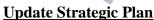
Review & Revise VSU MFT Program Educational Outcomes

- VSU Mission
- Program Mission, Philosophy, Objectives, & Goals
- Program Outcomes (measurable)
- Faculty Outcomes (measurable)
- Student Learning Outcomes (measurable)





- Student Demographics Database
- Exit Survey
- Alumni Survey (1 yr + 2 year)
- FamilyWorks Database
- Faculty Outcome Assessment
- Curriculum Map
- Comprehensive Exam Database
- 2012/13: Internship & Employer Satisfaction Survey
- 2012/13: FamilyWorks Client Satisfaction Survey



- Create Goals, Action Steps, & Tasks
- Link to VSU Mission
- Create Target Date
- Assign leadership
- Report to Stakeholders



SWOT Analysis &

Reflect on Assessment Data

- Strengths
- Weaknesses
- Opportunities
- Threats
- Reflect



- Program Outcomes Assessment
- Faculty Outcomes Assessment
- Student Learning Outcomes Assessment
- FamilyWorks Diversity Assessment
- Curriculum Map Assessment
- Infusion of Diversity into the Curriculum Assessment
- Comprehensie Exam Assessment
- 2012/13: Internship & Employer Satisfaction Assessment
- 2012/13: FamilyWorks Client Satisfaction Assessment



Descriptive information about each database and how the data is collected and populated can be found on the Strategic Planning page of the website in the following documents: *Assessment Database Descriptions & Sources* and the *MFT Assessment Schedule*.

During the annual MFT Strategic Planning Retreat, the MFT faculty first juxtaposes the Professional MFT Principles with the VSU Mission and the MFT Program Educational Outcomes to be sure that our Educational Outcomes meet our purposes and that our aims are in concert with the overarching purposes and aims of our accrediting body, the Commission on Accreditation for Marriage & Family Therapy Education.

Next, the faculty use a variety of databases (Choosing VSU Survey; Student Demographics & Achievement Database; Exit Survey; Alumni 1 year and 2 year surveys; FamilyWorks Database; MFT Faculty Outcome Database & Assessment; Curriculum Map & Assessment) to inform the following assessments: Program Outcome Assessment; Faculty Outcome Database & Assessment; Student Learning Outcomes Assessment; FamilyWorks Diversity Assessment; Curriculum Assessment; Infusion of Diversity into the Curriculum Assessment). These assessments are analyzed to discern how well the program is achieving the Educational Outcomes and to determine any areas for improvement or enhancement.

Beginning in 2013, two additional surveys—*Internship Supervisor & Employer Satisfaction* and *FamilyWorks Client Satisfaction* (currently in preparation) will be added to the above listed databases.

Following this analysis, the faculty conducts a SWOT (strengths, weaknesses, opportunities, and threats) analysis to evaluate the program's position the inside the educational and mental health training landscape. This analysis is used to insure that the program remains competitive and responsive to changes in educational and employment environments.

The faculty reflects on what is learned through the analysis of the various assessments and the SWOT analysis. This reflection leads to the creation of specific goals, action steps, and tasks that are placed in the current Strategic Plan. A leader is assigned to every goal, and target dates for completion are entered into the plan. Each goal is linked to the VSU mission and the resources needed are noted.

Finally, in a variety of ways the faculty directly or indirectly reports to our stakeholders. We share the Strategic Plan with our Department Chair and place it on our Strategic Planning webpage where students, alumni, and perspective students, among others can access the information. We report indirectly to stakeholders as we pursue our goals and work to implement the plan.

Admission Requirements

The requirements for admission into the MFT Program at VSU include the following:

- A baccalaureate degree from an accredited college or university.
- ♦ An official copy of all college/university transcripts showing a baccalaureate from an accredited college or university.

- ♦ Previous coursework in human-services or mental health related areas, for example: human development, family dynamics, social and behavioral sciences, and statistics. Students lacking these prerequisites will be required to complete this coursework in addition to the required course work.
- A cumulative minimum undergraduate grade point average of 2.75.
- ♦ Entrance Tests: Minimum GRE 400 verbal or 3.5 analytical writing or a minimum MAT score of 393.
- ◆ Three letters of reference specifically addressing the candidate's qualifications to become a Marriage and Family Therapist.
- ♦ An essay describing the candidate's relevant experience (volunteer, professional, and/or academic), the desire to become a Marriage and Family Therapist, and his or her professional goals.
- A personal interview to insure the candidate possesses the combination of personal qualities and values that are considered essential for the professional practice of family therapy: maturity, strong verbal and analytic skills, openness to a variety of perspectives, and respect for a diverse clientele and experiences.

The policies that govern assessment of applicants' qualifications and admission into the program are published in the *VSU Graduate Catalog*, this *VSU Family Therapy Student Handbook*, the MFT program brochure, and the MFT web page http://www2.valdosta.edu/soc/mft/

The Graduate School compiles each applicant's admission materials. When a file is complete, it is forwarded to the MFT faculty. Program faculty members are responsible for reviewing applications, interviewing applicants, and recommending all admissions into the program, according to the following process: Each faculty member examines each applicant's file and reviews each application. Applicants who meet admissions standards and show promise for Marriage and Family Therapy are invited to schedule an interview with at least two faculty members. Following the interview, the faculty discusses the applicant's qualifications and readiness for entry into the program. The faculty recommendation is forwarded to the Graduate Dean, who notifies the applicant of the final decision.

Academic MFT Program Requirements

The 60 credit Master of Science Degree in Marriage and Family Therapy prepares students for clinical membership in the American Association for Marriage and Family Therapy (AAMFT) and for licensure as a Marriage and Family Therapist in the State of Georgia and many other American states. Licensure requirements are similar across many USA states, so that requirements of this program will meet eligibility requirements for a number of other states. However, if you know that you will be seeking licensure in a state other than Georgia, we strongly recommend that you look up that state's licensure requirements now, while you are in school. See Appendix A for an overview of the differences between the various states' licensing requirements.

The VSU MFT curriculum, developed to meet the accreditation standards of the Commission for Accreditation of Marriage and Family Therapy Education, includes 42 semester hours of didactic coursework and 18 semester hours of supervised clinical practice. Students must graduate with a grade point average of 3.0 or above.

Students entering before Fall 2012 must complete a minimum of 500 hours of direct client contact and 100 hours AAMFT approved supervision during one consecutive year of enrollment in Practicum. Students entering on or after Fall 2012 must complete a minimum of 600 hours of direct client contact and 100 hours AAMFT approved supervision during one consecutive year of enrollment in Practicum. Practicum in Marriage and Family Therapy provides live individual and small group supervision during weekly meetings where students provide therapy to clients while observed by a faculty supervisor. The details surrounding client and supervision contact requirements can be found in the *Family Therapy Practicum and Internship Handbook*.

Theory and practice are linked throughout training. For students who entered the program before Fall 2012, at least half the supervised practice (250 hours) must be with couples or families. Students who entered on or after Fall 2012 will accrue a significant portion of their client contact hours at FamilyWorks, the MFT program university-based family therapy clinic. The remainder can be obtained in internships through cooperative arrangements with provider agencies in communities throughout the region.

Each student must pass the Comprehensive Examination prior to graduation. The comprehensive exam ensures that students understand the theory and practice of MFT from a systemic/relational perspective as well as demonstrate student mastery of other essential academic components of the curriculum.

Required Grade Point Average for Graduation

The Graduate School administers graduate programs at Valdosta State University. Requirements for retention and graduation, in addition to the requirements listed in this MFT Student Handbook, are listed in the *Graduate School Catalog*.

For graduation, the cumulative graduate grade-point average must be 3.0 or higher on a 4.0 scale. Throughout their program, students' performance must be acceptable on a continuing basis. Students must at all times maintain an overall grade-point average of not less than 2.5. No grade below C will be credited toward a graduate degree. The MFT Program adheres to the policies for academic standards and regulations established by the Graduate School. These policies and standards are published in the Graduate Catalog.

Retention Policy

Earning grades below "B" in graduate courses result in the following consequences: Students will be dismissed from the M.S. Marriage and Family Therapy Program if they accumulate 3 or more academic deficiency points. A grade of "C" (while it will be credited toward the M.S. degree) equals one deficiency point. A grade of "D," "WF" or "F," or "U" (none of which will be credited toward the M.S. degree) equals two deficiency points.

Deficiency Point Policy

Beginning Fall of 2011, a deficiency point system was implemented for students in graduate programs: The accumulation of four or more academic deficiency points results in dismissal from the program.

Students will be dismissed from the program if they accumulate four or more academic deficiency points. A grade of "C" (while it will be credited toward the M.S. degree) equals one deficiency point. A grade of "D" (which will not be credited toward the M.S. degree) equals two

deficiency points. A grade of "F" or "WF" (neither of which will be credited toward the M.S. degree) equals three deficiency points. Warning letters will be issued to students for each earned deficiency point. If enough deficiency points are accumulated to warrant dismissal, the student will be informed by letter. (Note: If grades are later changed in the student's favor, deficiency points may be retracted.)

This information can be found on the Graduate School website, http://www.valdosta.edu/academics/graduate-school/our-programs/retention-dismissal-readmission-policies.php#m-f-t1

If you are unable to access the above link, go to the Graduate School website, click on "Our Programs," scroll down and click on the MFT Program, scroll down and click on MFT Progression, Retention

Readmission After Dismissal for Academic Deficiencies

A student must apply for readmission, which is not guaranteed. A student must wait a minimum of two semesters before applying for readmission. If readmitted, the student must retake only courses with deficiencies until the number of deficiency points is fewer or equal to two. A student cannot take a class more than twice or apply for readmission more than once.

Program Time Limit: Seven Year Rule

As soon as a student starts work on any graduate degree, the seven-year clock starts ticking. Students have a total of seven years to complete their graduate degrees. If students are transferring courses into their graduate degree, those courses must be no older than seven years. Please bear in mind that six or seven year old courses that are transferred in will most probably expire before the degree is completed and will need to be retaken. See the *VSU Graduate Catalogue*.

Required Course Work

| Area I: Theoretical Foundations | |
|---|-------|
| MFTH 7101: Family Systems Theories | 3 hrs |
| MFTH 7103: Advanced Theories Seminars | 2 hrs |
| | |
| Area II: Clinical Practice | |
| MFTH 7102: Interventions in MFT | 3 hrs |
| MFTH 7400: Psychopathology & Pharmacology | 3 hrs |
| MFTH 7601: Treatment Issues in Family Therapy | 3 hrs |
| MFTH 7602: Couples & Sex Therapy | 3 hrs |
| MFTH 7700: Assessment in MFT | 3 hrs |
| | |
| Area III: Individual Development & Family Relations | |
| MFTH 6700: Family Sociology | 3 hrs |
| MFTH 7500: Development in the Family System | 3 hrs |
| MFTH 7050: Class, Gender, & Ethnic Issues | 3 hrs |
| | |
| Area IV: Professional Identity & Ethics | |
| MFTH 6800: Relational Theory, Practice, and Ethics | 3 hrs |

| MFTH 7350: Legal Issues in MFT | 1 hr |
|---|---------------------|
| MFTH 7880: Professional Ethics Seminar | 1 hr |
| A V D I | |
| Area V: Research | |
| MFTH 7200: Research in MFT | 3 hrs |
| | |
| Area VI: Electives, 5 credits minimum, may be selected from the following | <mark>owing:</mark> |
| SOCI 7021: Statistical Applications in Sociology | 3 hrs |
| MFTH 7510: Human Sexuality & Gender | 3 hrs |
| MFTH 7550: Family Stress & Crisis | 3 hrs |
| MFTH 7650: Special Topics in MFT (may be repeated twice) | 1 hr |
| Other electives may be approved on a case by case basis | |
| | |
| Area VII: Supervised Clinical Practice | |
| MFTH 7600: Practicum in MFT | 18 hrs |
| (1 year, minimum 500 hours direct client contact) | |
| | |
| TOTAL CREDITS (minimum) | 60 hrs |

Course Descriptions

Required Courses

MFTH 6800: Relational Theory, Practice, and Ethics (3 credits).

Introduces students to the foundational epistemological theories and practices in marriage and family therapy, history of the field and current developments, and the ethics and values associated with a systemic orientation to change. Students are expected to cultivate the ability to practice from a systemic lens.

MFTH 6900: Foundations of Family Therapy

Prerequisite: Admission to the program

Introduction to postmodern theory & social constructionism with a focus on understanding human interaction, meaning making, and problem resolution through both relational and narrative lenses. Students will explore the relationship between meaning, language, stories, and cultural discourse.

MFTH 7050: Diversity, Inclusion, and Social Justice (3 credits).

Prerequisite: Admission to the program and MFTH 6800

An in-depth study of the skills, sensitivities, and theoretical ideas needed by family therapists to encounter otherness and navigate the interface between professional responsibilities, ethics, social justice, and the social and political context of treatment. Students are expected to cultivate the ability to practice from a culturally sensitive lens.

MFTH 7101: Family Systems Theories (3 credits).

Prerequisite: Admission to the program and MFTH 6800

An in-depth study of family systems theory. Emphasis on the major schools of thought included in a systems analysis of the family and current issues and ideas within family systems discourse.

MFTH 7102: Interventions in MFT (3 credits).

Pre or Co-requisite: Admission to the program and MFTH 7101

A review of the various intervention techniques employed by the major theoretical approaches to MFT. Emphasis on skill development, video and role-play demonstrations, and linking practice and theory with appropriate treatment goals.

MFTH 7103: Advanced Theories Seminar (1 credit each; may be repeated; students must take at least two).

Prerequisite: Admission to the program, MFTH 7102, clinical experience.

A series of seminars that allow students to develop in-depth understanding of at least two theoretical approaches to MFT. Examples of offerings include structural/strategic, family of origin, narrative/constructivism, and solution-oriented.

MFTH 7200: Research in Marriage and Family Therapy (3 credits).

Prerequisite: Admission to the program and a statistics course

Quantitative and qualitative methods for research design and data analysis in marriage and family therapy. Emphasis on current outcome and process studies and on critical evaluation and application of research data.

MFTH 7350: Legal Issues in MFT (1 credit).

Prerequisite: Admission to the program and MFTH 6800

Legal responsibilities and liabilities in the practice of family therapy. Addresses issues such as limits to confidentiality, therapist liability, and client privilege. Includes working with the legal system and relevant aspects of family law.

MFTH 7400: Psychopathology & Pharmacology in MFT (3 credits).

Prerequisite: Admission to the program and MFTH 6800

Psychological, biological, and medical issues in the practice of MFT and an introduction to pharmacology. Emphasis on DSM IV diagnosis within a systemic context and collaboration with other mental health professionals.

MFTH 7500: Development in the Family System (3 credits).

Prerequisite: Admission to the program

Human growth and development within the family system. Includes theories of individual development, developmental tasks over the family life cycle, normative and non-normative change, processes of divorce and remarriage, and social, economic, and ethnic influences on the family life cycle. Implications for practice are emphasized.

MFTH 7600: Practicum in Marriage and Family Therapy (6 credits, repeated for a total of 18 credits).

Prerequisite: Admission to the program, MFTH 7102, and approval of the MFT faculty. Supervised experience in the practice of marriage and family therapy. Includes practice and live supervision at the Marriage and Family Therapy Training Clinic as well as experience in community placements. Requires a minimum of 20 hours per week. Must be taken three successive semesters for a total 600 hours of direct client contact.

MFTH 7601: Treatment Issues in Family Therapy (3 credits).

Prerequisite: Admission to the program and MFTH 7102

Applications of family systems approaches to the treatment of issues facing families in crisis and transition. Addresses grief and loss, substance abuse, family violence and abuse, child and adolescent behavioral problems, and chronic physical and mental illness. Emphasis on conceptualization and treatment planning.

MFTH 7602: Couples and Sex Therapy (3 credits).

Prerequisite: Admission to the program and MFTH 7102

Treatment techniques for intimate relationships. Emphasis on premarital and commitment issues, anger and conflict, gender and intimacy, and techniques for treating sexual dysfunctions.

MFTH 7700: Assessment in Marriage and Family Therapy (3 credits). Prerequisites: Admission to the program, MFTH 7101, and MFTH 7500

How to assess family processes within a developmental context. Models for assessing family functioning and use of individual and family assessment instruments will be included.

MFTH 7880: Professional Ethics Seminar (1 credit).

Prerequisite: Admission to the program

Addresses professional issues in the workplace. Includes marketing oneself, politics in the workplace, professional licensure and clinical membership, working in interdisciplinary teams, professional wellness, and the ethics, values, and decision-making associated with current practice issues.

Electives (other elective courses may be approved on an individual basis)

MFTH 7650: Special Topics in MFT (1 credit each, may be repeated).

A rotating series of seminars addressing important contemporary issues in the field of marriage and family therapy. Examples of topics include working with children, working with adolescents, spirituality, family violence, and substance abuse.

MFTH 7980: Internship in Marriage and Family Therapy (1-5 credits; Does not apply toward degree.)

Supervised experience in the practice of marriage and family therapy at FamilyWorks and/or at a community placement. Internship in MFT is ONLY for those students who have completed all other coursework but have not yet accrued their 600 client contact hours.

MFTH 7990: Directed Study in Marriage and Family Therapy (1-3 credits)
Requires admission to the program and consent of instructor
Specialized study in an area of Marriage and Family Therapy under the direction of a faculty member.

Academic Evaluation

Throughout your time in the MFT program, you will, of course, write papers, create poster sessions, do projects, make presentations, and take exams. Some professors include rubrics in their syllabi, which show you how a given assignment is graded. Other professors use the Academic Assignment Evaluation Tool (for papers, presentations, and poster sessions) and the Exam Evaluation Tool (for exams). We invite you to learn how you are evaluated on course assignments by viewing these evaluation tools on the MFT webpage, under the "Resources for Students" link.

Clinical Readiness for Enrollment in Clinical Practica

During the time that you are in this program and especially during your first year of didactic work, faculty members will be getting to know you and gauging your strengths and weaknesses as people who will soon be working therapeutically with the public. Among others, faculty will be noticing such things as your ability to manage responsibility, integrate the core concepts necessary for clinical practice, behave with honesty and integrity, interact with others in a professional, sensitive, and compassionate manner, your willingness to learn, and your ability to exercise self-responsibility. Group projects are an area, for example, that can test students' ability to work as a team, manage stress and responsibility, and resolve differences in a professional manner. These categories of personal maturity reflect something about your academic readiness to work clinically with people and your ability to manage peer and faculty interactions in a clinical setting.

If, during your first academic year and prior to submission of the *Comprehensive Exam I - Application to Clinical*, a faculty member has concerns about your ability to work with the public, he or she will proceed through the following process:

- 1.) Talk with you informally about his or her concern. At this point no paperwork is generated.
- 2.) If the problem(s) is not resolved, the faculty member will meet with you, discuss the problem and possible solutions, and generate an email documenting this meeting. This email will be placed in your academic file
- 3.) If the problem(s) continues, the faculty member will again meet with you, discuss the possibility that without resolution, your *Comprehensive Exam I Application to Clinical Practicum* is at risk of being denied, and how you might choose to handle this. This meeting will also be documented and the documentation placed in your academic file.

In addition, students are formally screened for personal and academic readiness to work with clients. Prior to beginning clinical practicum, students must apply by submitting the *Comprehensive Exam I - Application to Clinical Practicum*. Students are screened again during the first or second practicum, when the supervisor decides whether to release a student to work alone (outside of practicum), thus allowing the student to place him- or herself on the rotation list and see clients at FamilyWorks without a supervisor immediately present. This decision is based on the supervisor's judgment as to whether the student can meet a minimal criteria of "do no harm." And students are tested a third time through the *Comprehensive Exam II*, a written paper delineating their understanding of the art and science of change.

1. Faculty judgment that the student will "do no harm." Even though the faculty does not expect that entering practicum students are able to facilitate therapeutic change, we do assume that any student allowed into practicum will not cognitively or emotionally harm a client.

Comprehensive Exam Requirement

In order to graduate with a Master's degree in Marriage and Family Therapy, each student must pass Parts I and II of the comprehensive examination. Part I of the Comprehensive Exam is used by the clinical faculty to determine students' preparedness to enter and successfully complete, *MFTH 7600 Practicum in Marriage and Family Therapy*. In addition, the exam allows students

to demonstrate their ability to think critically and to utilize and integrate what they have learned in their coursework.

The Comprehensive Exam II was developed to ensure that students who graduate from the program understand the MFT field from a systemic/relational perspective. The exam requires students to demonstrate mastery and integration of a systemic approach to MFT, accurate knowledge about the field of MFT, the ability to link theory and practice as well as articulate complex family therapy ideas with coherence, depth, and detail.

Comprehensive Exam, Part I

The MFT faculty reviews the *Comprehensive Exam I - Application to Clinical Practicum & Internship* and evaluates the readiness of each student to enter a year of practica. The MFT Departmental concept of readiness for clinical practicum is based on the following:

- 2. Faculty assesses and discusses class performance, personal, and professional interactions with colleagues, faculty, staff, and administration. During new student orientation, all students sign the *MFT Clinical Training and Personal Disclosure Policy*, which informs students that, along with other points, they can be terminated from the program or barred from participation in internships or practica for non-academic reasons.
- 3. Students eligible to work clinically with clients will have demonstrated personal integrity, ability and willingness to take personal responsibility for their own behavior and decisions, and appropriate behavior and dress in classes, internships, and interactions with colleagues, faculty, staff, and administration. Students are informed that they may be terminated from the program or barred from participation in internships or practica for non-academic reasons.
- 4. Student must have successfully passed Comprehensive Exam, Part I also known as the *Application to Clinical Practicum & Internship*. Students who have failed Part One of the Comprehensive Exam cannot enroll in *MFTH 7600 Practicum in Marriage and Family Therapy* until they have successfully passed it. If a student fails Part One of the Comprehensive Exam and he or she has already registered for *MFTH 7600 Practicum in Marriage and Family Therapy*, the student must drop the class.

The *Comprehensive Exam I - Application to Clinical Practicum* can be found on the MFT website under "Student Resources."

Comprehensive Exam, Part II

At the end of the second semester in *MFTH 7600 Practicum in Marriage and Family Therapy*, students submit a Statement of Orientation to Therapy. This statement is a paper that describes in depth and detail the student's philosophy of therapy with specific attention to how the student understands therapeutic change. A description of the content that must be addressed in the Statement of Orientation as well as the required writing conventions will be disseminated by the instructor of MFTH 7600 Practicum in Marriage and Family Therapy at the beginning of the semester.

Students are encouraged to discuss development of their Statement of Orientation to Therapy with their supervising professor. Students may ask for formal feedback by turning in a draft on

the Midterm date, (see graduate catalog or the Registrar's Academic Calendar online for Midterm date). For the Summer term, the Midterm date for Summer Session II (also called Full Summer) will be used. Students who desire formal feedback should:

- 1.) Provide the faculty supervisor with
 - a. a hard copy of the draft
 - b. an electronic copy of the document
 - c. contact information including email addresses and phone numbers. This draft will be evaluated by the MFT faculty supervisor and returned with comments. Drafts turned in after this date will not be evaluated.

The final draft is due on the Last Class Day. This date is published every semester in the electronic version of the Registrar's Academic Calendar. For the Summer term, the Last Class Day for Summer Session II (also called Full Summer) will be used.

A statement of your orientation to therapy is an articulation of your theory of therapeutic engagement and therapeutic change. Statements should reflect a cohesive, consistent theoretical orientation. Your writing should be succinct and clear. Whenever possible, include examples or case vignettes that illustrate your points. Your statement should:

- 1. Describe your clinical stance. Articulate the ways you relate to clients, and describe the kind of relationship you seek to establish with your clients.
- 2. What relational or systemic concepts inform your ideas about therapeutic problem formation? Your answer should include a description of what you consider to be important features of a therapeutic problem.
- 3. Discuss your ideas about how change occurs. Carefully cite those theorists and practitioners that inspire your philosophy of change.

Your Statement must be written with strict adherence to APA 6th conventions. Statements must be written in the first person. Carefully cite all ideas, theories, and concepts. Statements may not exceed eight (8) pages of text. In addition to eight pages of text, all Statements of Orientation to Therapy must include an abstract, references, and a title page.

Comp Exam II Sample Cover Page

Students need to create a title for their statement of orientation, which should accurately reflect what the paper is: a philosophy or epistemology of therapy, of change, a way of working and thinking therapeutically. Below the title and student name the following text should occur (using, of course, the correct date). An example cover sheet can be found below:

Thinking About Change: A Statement of Orientation

Students R. Studious

A Statement of Orientation Presented to the Faculty of the Marriage and Family Therapy Program at Valdosta State University in Fulfillment of the Comprehensive Exam, Part II and Partial Fulfillment of the Requirements for the Master Degree of Family Therapy

Evaluation of the Comprehensive Exam II

The Statement of Orientation to Therapy will be evaluated on a pass or fail basis. The student submits the Statement to his or her practicum supervisor, who will read and evaluate the Statement using the criteria set forth in the *MFT Program Academic Assignment Evaluation Guide* (see below). The evaluator may ask the student for major or minor revisions. After successful completion of these changes, the student will have successfully passed the Comprehensive Exam II.

If the supervisor finds that the statement is unacceptable, the statement will be given to the full MFT faculty for evaluation. If two or more faculty members find the Statement of Orientation to Therapy to be of unacceptable quality, the student does not pass Part Two of the Comprehensive Exam. Students who fail Part Two of the Comprehensive Exam must re-take it and enroll in an additional section of *MFTH 7600 Practicum in Marriage and Family Therapy*. Part Two of the Comprehensive exam can only be taken or re-taken while enrolled in MFTH 7600. Part Two of the Comprehensive Examination may be re-taken one time. Students who fail Part Two of the Comprehensive Exam twice will be dismissed from the program. The evaluation tool that faculty uses to assess the Comprehensive Exam II paper is as follows:

MFT Program Academic Assignment Evaluation Guide

The mechanism by which your paper, poster, or presentation is assessed is a score summed from the following six categories.

- Overall coherence (clarity, organization, thoughtfulness, comprehensiveness, flow and organization, logical connection between ideas.
- **Sophistication of the concepts presented** (integration and synthesis of information, accuracy of knowledge, the depth and detail used to describe your ideas)
- Use of examples (concrete illustrations of abstract concepts)
- Mastery and integration of systems theory (demonstrates a clear understanding and articulation of systems theory and clearly links conceptualization and practice)

• Presentation of material

- ✓ Papers: Writing and organization of the material (correct use of APA 6th conventions, appropriate citations and references, grammar, punctuation, absence of excessive wordiness or jargon).
- ✓ Presentations: Material is presented in a way that keeps audience interest and meets allocated time expectation. Presenters maintain eye contact, speak clearly, shows mastery of the topic, and talks to the audience (rather than reading from notes or the power point).
- ✓ Posters: Material follows the guidelines required in the syllabus or class discussion; material illustrates your ideas well; material has aesthetic appeal and is able to capture the audience's attention (good use of white space and borders); material is polished.
- **Content** (the paper, presentation, or poster fulfills the assignment as outlined in the syllabus and/or discussed in class).

Each of the above six categories is given a score of 5 (excellent) to 1 (not workable):

- 5 Excellent. The assignment addresses this category consistently and well throughout.
- 4 Good. This category shows most of the time throughout but minor changes could be made for excellence.
- 3 Workable. The category is addressed infrequently and/or not well. Major revisions would be necessary to bring the assignment to the level needed to meet the expectation of this category.
- 1 or 2 Not workable. As it is, the category does not show at all in the assignment. Author would need to make significant revisions to meet the expectations of this category.

Total scores/Grades are determined by summing the scores (1-5) earned in each category.

- 30-27 (A) Excellent meets all or most categorical expectations with high frequency and quality
- 26-24 (B) Good consistently meets expectations of most categories with quality
- 23-21 (C) Adequate meets some categorical expectations with quality but insufficiently meets other categorical expectations

20 or below Fail - insufficiently and frequently fails to meet all or most categorical (F or D) expectations.

Graduation Procedures - Advising and Registration

At the beginning of each Fall semester, new students complete an Individual Coursework Form and an MFT Graduation Plan. At this time, each student is assigned an advisor. During the orientation session, students are given the opportunity to register for classes.

Advisors retain the original copy of the Individual Coursework Forms and a MFT Graduation Plans. Students who make changes to their graduation plans should provide their advisor with revised copies of the Individual Coursework Form and a MFT Graduation Plan. A brief note explaining the change should accompany the new forms.

Changes to Your Advising Plan

Students are ultimately responsible for their advising plans, not the MFT faculty. Students who make changes to their graduation plans are encouraged to meet with their faculty advisor but they must provide their advisor with the following three items:

- o Revised copy of the Individual Coursework Form
- o Revised copy of the MFT Graduation Plan, and
- A brief note explaining the proposed changes and the reason the changes are necessary.

Remember, if your advisor <u>is not aware of alterations to your plan</u> and has not received revised advising forms and a note describing the changes and the reasons for them, he or she <u>will assume</u> that your last approved advising plan is in force, and, prior to the open registration period, your advising flag will be lifted so that you can register during open registration periods.

However, when routine review of your advising information or notification from the Registrar informs us that you have made changes to your advising plan, your advising flag will not be lifted until you meet with your advisor and submit revised advising forms.

Registration

It is the responsibility of each student to register for the proper coursework, to take the appropriate pre-requisites, and to meet graduate requirements. Students are encouraged to meet with the faculty advisor whenever they are considering making changes to the graduation plan, or whenever they have questions about the order and availability of coursework. When a student deviates from the advising plan, the advising flag will not be lifted until the student meets with the advisor and submits a revised plan.

Be aware that advisors use the MFT Graduation Plans to project class size. When there is more demand for a course than space or enrollment limits allow, students with outdated advising forms will be removed from the course in question.

Registration Calendar and Enrollment Policies

Formal time periods for registration for both new and continuing students are published in the *VSU Graduate Catalog*. In addition, registration procedures, late registration policies and fees, withdrawal policies, drop/add policies, policies for auditing classes, maximum course loads, and

other restrictions related to enrollment in the MFT graduate program are detailed in the VSU Graduate Catalog.

Admission and Readmission

Official acceptance or denial is verified by a letter from the Graduate School. Students can check the progress of their application by going to the Graduate School homepage at www.valdosta.edu/gradschool/ and selecting the application status feature. Students who were previously enrolled but have not been in attendance within the last three semesters must apply to the Graduate School for readmission. Former students who completed graduate degrees at VSU and who wish to seek another graduate degree at VSU must submit a new Graduate Application for Admission/Readmission and fee. In addition, they should check with the Graduate School to determine what, if any, previously submitted materials are on file. Students seeking to change graduate programs must submit a new application and fee.

Appeal of Dismissal from Graduate School

The form to appeal dismissal from the graduate school can be found at: http://www.valdosta.edu/academics/graduate-school/documents/dismissal-appeal-form.pdf. Graduate students who wish to appeal a dismissal must first discuss the issue with their advisor. Further appeals are then directed, in order, to their professor's Department Head, College Dean, Dean of the Graduate School, and the Vice President of Academic Affairs/Provost. See

Graduate School Policies and Related Forms

The Graduate School has a number of policies concerning appeals, admission, readmission, the limits of graduate study, etc. These can be found on the <u>Graduate School website</u>.

In addition, the Graduate School publishes a number of forms that are necessary for such things as appeals, readmission, etc. These can be found on the <u>Graduate School website</u> by clicking "Forms" under the Student Resources link or by clicking http://www.valdosta.edu/academics/graduate-school/important-links-for-graduate-students.php.

Graduation Procedures - Application for Graduation

Two semesters before their projected graduation date, students are required to fill out a MFT Graduation Checklist and an Application for Degree (obtained at the Registrar's Office). The Graduation Checklist is compared to the published list of graduation requirements. This Graduation Checklist is filed with the Registrar and updated by the student and the academic advisor as unmet graduation requirements are completed.

- 1. Obtain a Graduation Packet from the Registrar's office.
- 2. Fill out the Graduation Packet.
- 3. Fill out the MFT Graduation Checklist.
- 4. Bring the Application for Degree and MFT Graduation Checklist forms to your advisor to be completed and signed.
 - Note: It takes a great deal of time to review, complete, and sign your forms. Submit these to your advisor as early as possible. You will be contacted when they are ready for you to pick up.

- 5. Take completed and signed forms to the Bursary, pay the \$25 graduation fee, and get a receipt.
- 6. Make yourself a copy of all forms.
- 7. Take the receipt and all forms received from the Bursary to the Registrar's Office.

Several items on your MFT Graduation Checklist will not be complete at the time you first submit the form to the Registrar. Submit the form to the registrar anyway, and submit it as soon as possible. Request the MFT Program Director or the Director of Clinical Training to sign off on each remaining requirement as you complete it, and take an updated copy to the registrar. It is your responsibility to update the Graduation Checklist each time you complete another requirement. The registrar will not allow anyone with an incomplete MFT Graduation Checklist to graduate. Do not delay. As graduation grows closer, the registrar's office becomes busier and busier. If your materials have not been processed because they are incomplete, you may not be able to graduate.

Clinical Readiness for Release to Work Outside the Practicum

Sometime during the student's first and sometimes second practicum, his or her faculty supervisor makes a decision about whether the student can be released to work alone, outside the immediate presence of a faculty supervisor. The faculty judgment for this is based on the instructor's assessment that the student will "do no harm." Even though the faculty does not expect that first semester practicum students are necessarily able to facilitate therapeutic change, we do assume that any student allowed to work with the public will not cognitively or emotionally harm clients.

Practica Size

Practica are limited to seven students per faculty instructor. Practica are filled on a first come, first served basis. The only exception to the first come, first served policy occurs in those cases in which a student has a class conflict with one or more of the practica offerings. In the circumstance in which a student limited by course schedule conflict must enroll in a practicum that is already full, the last person to register for that practicum must drop that section and enroll in another section that has openings. For this reason, students with class conflicts are encouraged to register early so as to avoid enrollment conflicts.

Establishing an Internship

The semester prior to your first practicum is the time to begin thinking about finding an internship. Refer to your *Family Therapy Practicum and Internship Handbook* for more details, and contact the Director of Clinical Training to begin exploring internship opportunities.

Accrual of Client Contact and Supervision Hours

Degree candidates for the Master of Science in Family Therapy are required to complete three consecutive semesters of *MFTH 7600 Practicum in Marriage and Family Therapy*.

To graduate, students must collect several hundred hours of direct client contact and supervision. The breakdown of these hours (where and how many of what kind) can be found in the 2013 FamilyWorks Practicum and Internship Handbook. Students who have successfully completed their coursework but have not yet accrued the required number and ratio of client contact or

supervision hours, must enroll in *MFTH 7600 Practicum in Marriage and Family Therapy* (space permitting) or *MFTH 7980 Internship in Marriage and Family Therapy* and continue to collect client contact and supervision hours until the requirement is met. The student is responsible for the accurate recording and submission of these hours to the Director of Clinical Training at the end of each semester. For more detail and a specific breakdown of the required number and ratio of client contact and supervision hours, see the *2013 FamilyWorks Practicum and Internship Handbook*.

Malpractice Insurance

Students are required to have malpractice insurance prior to seeing clients in practica or internships. Before the first day of practicum or internship, students submit a copy of the Certificate of Proof of Insurance to the director of clinical training. Without and until a liability policy is on file, the student cannot attend the first or subsequent practicum meetings. As a part of their student membership dues in AAMFT, students are given a 1-year liability policy. When a student registers for more than three practica, the student must renew his or her student membership in AAMFT and a renewed liability policy follows. Students must print or email a copy of the renewed Certificate of Proof of Insurance to the director of clinical training.

Policies and Procedures of Participation in Practica and Internship

Policies and procedures for participation in practica and internships and definitions of client contact are detailed in the *FamilyWorks Practicum and Internship Handbook*. Once enrolled in *MFTH 7600 Practicum in Marriage and Family Therapy*, each student will be directed to read a copy of the *FamilyWorks Practicum and Internship Handbook* as well as the *FamilyWorks Policy & Procedure Manual*. The former will explain what client contact hours are, how many hours are needed, and what is needed to get them. It also discusses the forms needed to document client contact and supervision hours, describes the steps needed to establish an internship site, and outlines the policies and procedures for the conduct of therapy at FamilyWorks and at internship placements.

Grievance and Appellate Procedures

Grade appeals and grievances are two different procedures with different policy guidelines.

Grade Appeals

See Item #1 below. A grade appeal must be started within 30 business days of grades being posted.

Students receiving <u>dismissal</u> letters have the following options:

1. When a student receives a "warning" or deficiency point letter, he or she may appeal grades through their departments by submitting a completed grade appeal forms with supporting documents through to first, the instructor, then the department head, then the college dean, and, if necessary, the graduate dean, and, finally, the VP for Academic Affairs. The form can be found at: http://ww2.valdosta.edu/gradschool/documents/VSUFinalCourseGradeAppealForm.pdf

- 2. When a student receives a dismissal letter, he or she may appeal the dismissal by submitting a completed dismissal appeal form. Supporting documentation must accompany the form. The routing path is 1) department, 2) college dean, 3) graduate school, 4) VP Academic Affairs. The form can be located at: http://ww2.valdosta.edu/gradschool/documents/DismissalAppealFormJan09.pdf
- 3. Students not wishing to appeal grades or dismissals will have to "sit out" two semesters and then petition for readmission during the second semester they are not enrolled. Readmission is not guaranteed. We recommend that a student submit a letter of petition explaining their circumstances to their departments of major. Students may have to submit an application for readmission.
- 4. A student may apply for either a medical withdrawal or hardship withdrawal. If approved, the student would be withdrawn from *all* of their classes, not just the ones with failing grades. These petitions are handled through the Dean of Students Office. If the deadline to apply for such withdrawals was the last day of class, then this option may not be available to you.
- 5. Students may also consider applying to entirely different programs, but programs may look at previous graduate work when rendering a decision.

Students receiving dismissal letters during the Spring semester who are registered for summer and fall classes, may be dropped from their summer and fall courses. Deficiency point/warning letters will be generated and mailed after grades are posted and transcripts are evaluated.

According to the Grade Appeal policy, the evaluation of academic work is the prerogative of the instructor and the rules for determining final course grades should be established by the instructor and given to the students in a course syllabus at the beginning of the semester. A student who believes grounds exist for an appeal of a final course grade must first consult informally with the instructor.

The grade appeal procedure is not to be used to review the judgment of an instructor in assessing the quality of a student's work. Possible grounds for an appeal are items such as the following:

- (a) An obvious error in the calculation of the grade.
- (b) The assignment of a grade to a particular student by application of more exacting requirements than were applied to other students in the course.
- (c) The assignment of a grade to a particular student on some basis other than performance in the course.
- (d) The assignment of a grade by a substantial departure from the instructor's previously announced standards.

Students who believe they have a case that meets these grounds must read the following information and follow the process as outlined. A grade appeal must begin within 30 working days after the registrar's office has posted final grades. Once the appeal process is initiated, the burden of proof is on the student. The appeal process proceeds as follows:

- 1. First discuss your appeal with the instructor who assigned the grade. If the matter is not resolved, the student must fill out a Grade Appeal form and submit it to the instructor. After the instructor has had the chance to review the appeal, the instructor and the student should meet again to discuss it. If the appeal is not resolved at this level, the appeal moves to the next levels.
- 2. The instructor's Department Head.
- 3. Dean of the College in which the course was taught.
- 4. Dean of the Graduate School (for graduate courses)
- 5. Office of the Vice President for Academic Affairs.

The policy for appealing grades can also be found in the Graduate School Handbook at http://www.valdosta.edu/academics/graduate-school/documents/graduate-school-handbook.pdf .

Appealing Denials, Dismissals, and the 7-Year Rule

Students may find information and forms about appealing denials, dismissals, and the 7-Year Rule at http://www.valdosta.edu/academics/graduate-school/appeals.php.

Other Appeals

All other appeals are governed by policies established by the Board of Regents of the University System of Georgia. Valdosta State University has established appellate procedures consistent with Board policy. The policy may be found at Appellate Procedures in the *Graduate School Handbook*. Students must appeal decisions in the following order: 1. Department, 2. College, 3. Dean of the Graduate School, 4. Vice President for Academic Affairs, and 5. President of the University.

Appeals made to the Dean of the Graduate School must be in writing and must include written documentation from each stage of the appellate process. Upon receipt of a written appeal, the Dean of the Graduate School will first determine if the appeal is appropriate for the Graduate School to hear. If it is, the Dean may choose to discuss the issue with the parties involved in an attempt to reach a satisfactory resolution of the problem, or the Dean may appoint a committee to hear the appeal. If the Dean chooses to discuss the issue with the parties involved, and no satisfactory resolution of the problem is reached, the Dean must appoint an ad hoc Appeal Committee to hear the appeal. The ad hoc Appeal Committee will consist of three members selected from the Graduate Executive Committee, one of whom will be appointed by the Dean to serve as chair. Two members of the committee must come from outside the College involved in the appeal.

The written appeal along with all supporting documentation must be provided to each member of the committee at least one week prior to the date of a hearing. The committee chair is responsible for providing all interested parties with a notice of the date, time, and location of the hearing.

The student initiating the appeal and all other parties with a salient interest in the appeal have a right to appear before the committee. The student may bring one additional person to provide advice and counsel.

Upon completion of the hearing, the ad hoc Appeal Committee must submit its recommendation, in writing, to the Dean of the Graduate School within one week after the hearing. The Dean of the Graduate School will make a decision on the appeal and then notify all parties of the disposition of the appeal, in writing, within one week. Copies of all decisions, recommendations, and other materials involved in the appeal will be forwarded to the Vice President for Academic Affairs.

If no satisfactory resolution of the appeal has been reached at the level of the Graduate School, the appellant has the right to carry the appeal to the Vice President for Academic Affairs. Such an appeal must be provided in writing to the Office of the Vice President for Academic Affairs no later than thirty (30) calendar days after the student has received the decision of the ad hoc Appeal Committee.

All forms and letters related to student complaints are placed in the student's file. Student complaints are reviewed by the faculty during regular faculty meetings beginning with the initiation of the complaint and continuing through to the resolution. Any complaint that appears to be caused by or aggravated by the policies, procedures, or infrastructure of the program will also be reviewed during the next MFT Strategic Planning retreat.

BOR Appeals Information

The Georgia Board of Regents Policy on Appeals can be found at the BOR Policy Manual http://www.usg.edu/policymanual/section4/C333 and in the BOR Bylaws at http://www.usg.edu/regents/bylaws/#appeals:

The Bylaws read as follows:

Any student or employee in the University System aggrieved by a final decision of the president of an institution may apply to the Board of Regents for a review of the decision. The Board's review shall be limited to the record from the institutional appeal process. Nothing in this policy shall be construed to extend to any employee or student substantive or procedural rights not required by federal or state law. This policy shall not be construed to extend to employees or students any expectation of employment, admission, or additional due process rights.

Each application for review shall be submitted in writing to the Board's Office of Legal Affairs within a period of twenty days following the decision of the president. It shall state the decision complained of and the redress desired. A hearing before the Board (or a Committee of or appointed by the Board) is not a matter of right but is within the sound discretion of the Board.

Appeals brought by students shall be governed by <u>Policy 4.7.1</u> of The Policy Manual of the Board of Regents. Appeals brought by employees shall be governed by <u>Policy 8.2.21</u> of The Policy Manual of The Board of Regents.

The Board may at its discretion refer a matter for mediation, arbitration, or evaluation of settlement options. If an application for review is granted, the Board, a Committee of the Board, a Committee appointed by the Board, or a hearing officer appointed by the Board shall investigate the matter thoroughly and report its findings and recommendations to the Board. The decision of the Board shall be final and binding for all purposes

Professional Improvement Plan Process (PIP)

The purpose of the Professional Improvement Plan (PIP) process is for faculty to identify students who may need remediation or intervention to successfully complete the professional requirements for their program of study. The PIP targets field and clinical experiences. This process is not intended for issues that are addressed in academic course syllabi or any other university policies (e.g., <u>Academic Honesty Policies and Procedures</u> or <u>Student Code of Conduct</u>). The Instructional Advisement form may be used as a tool to facilitate discussion of and document any classroom or field experience issues.

Process Steps

- 1. Faculty member informally discusses issue or area for improvement with student.
- 2. Faculty member discusses issue or area for improvement with student and completes Instructional Advisement Form, if necessary.
- 3. Faculty member discusses the issue or area for improvement with department head.
- 4. Faculty member discusses the continuing issue or area for improvement with the student and if warranted, completes Sections A and B of the PIP document.
- 5. Faculty member shares the Instructional Advisement Form, PIP form and all pertinent documentation with the department head and student.
- 6. Faculty member confers with department head concerning the PIP.
- 7. Faculty member schedules a PIP meeting with student, faculty member, department head, and other relevant university personnel and provides rationale for the scheduled meeting to all attendees. The student must be notified at least 24 hours in advance of the meeting via electronic email and given the opportunity to provide a written response to be brought to the meeting.
- 8. All stakeholders meet to discuss the issue and if supported by the department head, a PIP is developed. The PIP must be directly related to the issue or area for improvement.
- 9. The student is given a signed copy of the PIP.
- 10. A follow-up meeting will be held at an appropriate time to evaluate the progress of the PIP. The meeting will include the ongoing formative recommendations as needed.

If the student does not satisfactorily complete the PIP, the student may fail the associated course or be removed from the program.

Grievance Policy and Procedure

If, during the course of enrollment in or employment by the institution, a student feels that he or she has been discriminated against or harassed in violation of the University's affirmative action and/or sexual harassment policies, the following action should be taken:

- A. A conference should be immediately scheduled with the Office of Social Equity and the appropriate individual will advise the student of his/her rights with respect to the nature of the complaint.
- B. A determination will be made as to whether the complaint warrants a formal investigation with requires filing an official complaint by the student. A record of the findings will be retained in the Office of Social Equity.

C. In the case of a student employee, the procedure outlined in the regular staff handbook will be followed. The Office of Social Equity will make this information available to the student.

While it is expected that students with complaints of an academic nature will file such complaints through normal channels (faculty member, department head, dean, vice president for academic affairs and Provost, President), any violation relative to affirmative action or harassment should be reported immediately to the Office of Social Equity. (VSU Student Handbook, http://www2.valdosta.edu/studentaffairs/StudentHandbook.shtml)

Membership in AAMFT

The MFT faculty strongly recommends that you join AAMFT as a student member immediately after you start your first semester. You can apply online at http://www.aamft.org. As you explore the AAMFT website, notice that after you graduate and progress through various stages of your career, you can apply to apply to upgrade your membership from student to Associate and on up to Clinical Fellow.

Georgia Licensure as an MFT

Students who graduate from the VSU Marriage and Family Therapy Track have fulfilled the academic requirements required by the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family (hereafter referred to as The Board) to apply to take the national licensing exam.

MFT graduates can take two routes to licensure in the State of Georgia:

- (1.) Graduates can become a Licensed Associate Marriage and Family Therapist (LAMFT) by successfully completing the national licensing examination immediately after graduation. Applicants for the LAMFT license must fill out an application, pay fees, and have their academic course of study approved by the Board and be granted state approval in order to sit for the licensing examination. Once the exam has been passed, you are given an LAMFT, which carries with it all the same privileges and responsibilities as the full LMFT license. LAMFTs must collect 2,000 before applying for full licensure. After successful accrual of 2,000 hours of post-graduate client contact and 100 hours of post-graduate supervision over a minimum period of two years and a maximum period of five years, the client contact and supervision, a LAMFT can apply to become a Licensed Marriage and Family Therapist (LMFT).
- (2.) Graduates may opt to take the licensing examination after the collection of their 2,000 hours of post-graduate client contact and 100 hours of post-graduate supervision. The client contact and supervision hours must be collected during a minimum period of two years and a maximum period of five years from the date the master's degree is awarded. In this case, after the fee is paid and the application is approved—including Board approval of their academic course of study and acceptance of the client contact and supervision hours—applicants can take the licensing examination. After passing the exam, applicants are granted the status of Licensed Marriage and Family Therapist (LMFT).

Contact the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists to obtain more information about licensure:

Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists 237 Coliseum Drive

Macon, GA 31217-3858 Phone: 478-207-1670 Fax: 478-207-1676

Email: slstubbs@sos.state.ga.us

Webpage: http://www.sos.state.ga.us/plb/

Ethical Conduct

Students are expected to comply with and behave in accordance with the VSU Student Code of Ethics (found in the *VSU Student Handbook*), the Code of Ethics of the American Association of Marriage and Family Therapy (below), the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists Rules & Regulations Code of Ethics (below), and the State of Georgia's Professional Counselors, Social Workers, and Marriage and Family Therapists Licensing Law, Official Code 43-10A. A copy of Georgia Code 43-10A can be obtained from the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists. Failure to maintain and uphold the Codes of Ethics listed above may result in a referral to the Department, College, and/or University Ethics Committees and ultimately in dismissal from the program.

The AAMFT Code of Ethics can be viewed at www.aamft.org

AMFTRB State Licensure Comparison Chart (Compiled August 2009 - check individual state websites for details and for any changes to licensure laws)

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|-------------|---------------------|--|---|----------------|---|
| State * | Title(s) | Title Meaning | Experience Needed | Exam Needed | Currently Licensed |
| Alabama | LMFT, MFTI, MFTA | Licensed Marriage & Family Therapist, Marriage & Family Therapist Intern, Marriage & Family Therapist Associate | LMFT: Successful completion of 2 calendar years of work experience in marriage & family therapy under qualified supervision(30+ hrs per week), must have 200 hrs. post degree upervision in which 100 must be individual, you need 1,000 direct client hrs. in which 250 must be w/ couples/families MFTI: A student or graduate of a program in Marriage & Family Therapy MFTA: Completion of internship, 100 supervision hrs. and 500 direct client hrs. | Yes | LMFT: 218 Associates: 88 Interns: 5 |
| Alaska | MFT, MFTA | Marriage & Family Therapist, Marriage & Family Therapist Associate | MFT: M.A. or doctoral degree in MFT or equivalent, 1,500 hrs. direct client contact with couples, individuals, and families and been supervised for at least 200 hrs. including 100 hrs. of individual supervision and 100 hrs. of group supervision, and have received training related to domestic violence MFTA: Completion of internship and supervision hrs. | Yes | MFT: 82 MFTA: 3 |
| Arizona | MFT, LAMFT | Marriage & Family Therapist, Licensed Associate Marriage & Family Therapist | MFT: Must complete 3200 hrs. of supervised work experience that includes a min of 1600 hrs. direct client contact and a minimum of 1,000 of the 1,600 must be contact with couples & families & the remaining 600 hrs. may be with individuals and groups LAMFT: There is no supervised work experience requirement & they can't engage in independent practice unless under direct supervision. | Yes | MFT: 63 LAMFT: 1 |
| Arkansas | LMFT, LAMFT | Licensed Marriage & Family Therapist, Licensed Associate Marriage & Family Therapist | LMFT: Received a graduate degree in either MFT or related field, have at least 5 yrs. clinical experience in the practice of marriage & family therapy or clinical membership in the AAMFT or NACFC or certification by an appropriate professional organization as defined by the board LAMFT: The board shall issue this license to each applicant who meets the requirements. You may petition the board for licensure review for LMFT provided all requirements have been met. | Yes | LMFT: 17 |
| California | MFT, MFTI | Marriage & Family Therapist, Marriage & family Therapist Intern | MFT: 104 wks of Supervision & 52 wks must be in which applicant received at least 1 hr of one-on-one, individual supervision. 3,000 hours of supervised work experience is needed which includes a minimum of 500 hrs. with couples, family & children, and a max of 500 hrs. group therapy or counseling, 250 hrs. max telephone counseling, and 125 hrs. max telemedicine counseling & upon graduation must register with the Board as a MFT Intern. | Yes | MFT: 30,258 MFTI: 12,006 |
| Colorado | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree from accredited school/college, has had at least 2 yrs. of post masters or 1 yr. postdoctoral practice in individual & MFT, including 1,500 hrs. face-to-face direct client contact. | Yes | 627 |
| Connecticut | LMFT | Licensed Marriage & Family Therapist, | LMFT: Successful completion of a graduate program specializing in MFT, successful completion of supervised practicum or internship w/ emphasis in MFT in which student received minimum 500 direct clinical hrs. to include 100 hrs. of clinical supervision, completion of at least 12 months postgraduate work experience to include at least 1000 hrs. direct client contact and 100 hrs. postgraduate clinical supervision provided by licensed MFT, of the 100 50 shall be individual supervision and remaining may be group supervision . | Yes | LMFT: 37 |
| Delaware | MFT | Marriage & Family Therapist | MFT: Counseling experience must be not less than 3200 hrs. over at least 2 yrs., but not more than 4 yrs., of the 3200 at least 1600 must have been under professional direct supervision acceptable to the board. The 1600 must consist of a minimum 500 hrs. couple and family therapy and 500 individual. therapy. You also must meet w/ your supervisor directly for a minimum of 100 hrs. The remaining 500 may be split between couple and | Yes | MFT: 9 |

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| District of Columbia | LMFT | Licensed Marriage & Family Therapist | LMFT: Must complete graduate degree in MFT, complete 1,500 face-to-face supervised, post-grad clinical hrs. doing MFT w/couples and families, this experience must take place over at least 2 yrs. The supervision requirement must be at least 300 hrs. 150 of which must be individual and 200 must be by a "general supervisor." | Yes | LMFT: 40 |
|-------------------------|---------------|--|--|-----|-----------------------|
| Florida | LMFT | Licensed Marriage & Family Therapist | LMFT: Masters degree w/ major emphasis in MFT, minimum of one supervised clinical practicum, internship or field experience in a marriage and family counseling setting during which the student provided 180 direct client contact hrs. of MFT services, must have 2 yrs. postmasters supervised experience under the supervision of a LMFT with 5 yrs. of experience. | Yes | LMFT: 1,547 |
| Georgia | MFT, AMFT | Marriage & Family Therapist, Associate Marriage & Family Therapist | AMFT: complete 1 yr. practicum in MFT under supervision before or after M.A. degree, practicum shall include 500 hrs. direct clinical experience in MFT & 100 in supervision of such experience and cannot practice as this longer than 5 years. MFT: Minimum of 2,000 hrs. direct clinical experience, 100 hrs. supervision which shall be completed w/ in 2 to 5 yrs. | Yes | AMFT: 43 MFT: 633 |
| Hawaii | MFT | Marriage & Family Therapist | MFT: Has completed a master's degree or doctoral degree from an accredited educational institution in marriage and family therapy or in an allied field related to the practice of mental health counseling. Has one year practicum with three hundred hours supervised client contact. Completes one thousand hours of direct marriage and family therapy, and two hundred hours clinical supervision in not less than twenty-four months. | Yes | MFT: 250 |
| Idaho | LAMFT LMFT | Licensed Associate Marriage & Family Therapist; Licensed Marital & Family Therapist | LAMFT: Completion of Practicum, successfully complete National MFT Exam LMFT: Complete 1 yr. practicum of supervised MFT experience consisting of a minimum 300 direct client contact hrs., 150 must be couples/families; 3,000 hrs. of supervised MFT w/ minimum 200 hrs. post-grad supervision. | Yes | LMFT: 277 LAMFT: 4 |
| Illinois | LMFT AMFT | Licensed Marriage & Family Therapist, Associate Marriage & Family Therapist | LMFT: Must obtain a graduate degree, complete at least 3000 hrs. of professional work experience in not less than a 2 yr. period and not more than 5 yrs., which includes 1000 hrs. face-to-face client contact with individual., couples and families. At least 350 hrs. of the 1000 hrs. of face-to-face client contact must involve conjoint therapy. You must also complete 200 hrs. of clinical supervision of MFT, at least 100 shall be completed while fulfilling the clinical experience requirement the other 100 hrs. shall have been received as part of a practicum or internship and/or from an individual. who was a licensed MFT or equivalent. AMFT: M.A. or doctoral degree in MFT, must have completed a minimum of 48 semester hrs. of graduate coursework. | Yes | |
| Indiana | LMFT LMFTA | Licensed Marriage & Family Therapist, Licensed Marriage & Family Therapist Associate | LMFT: Completed a M.A. or doctoral degree MFT, 2 yrs. supervised clinical experience in MFT during which at least 50% of your clients received MFT services 2 yrs. of this experience must include 1,000 hrs. of post degree clinical experience and 200 hrs. of post degree clinical supervision of which 100 hrs. must be individual. supervision. LMFTA: Can work with a supervisor, but cannot practice without a license. | Yes | LMFT: 40 LMFTA: 22 |
| lowa | MFT | Marital & Family Therapist | MFT: Have completed a masters degree or doctoral degree in MFT or a field related to the practice, has 1 yr. practicum w/ 300 hrs. supervised client contact, competes 1000 hrs. of direct MFT and 200 hrs. clinical supervision in not less than 24 months. | Yes | MFT: 262 |

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| Kansas | LMFT LCMFT | Licensed Marriage & Family Therapist, Licensed Clinical Marriage & Family Therapist | LMFT: Be over 21 yrs. of age, M.A. or Doctorate in MFT or related field w/ similar coursework, merits public trust as demonstrated by professional references LCMFT: If fully licensed as a LMFT before 7/1/00 you can transition your license to LCMFT if you already practice as a LMFT within the last 5 yrs., license or registration has not been revoked, and are competent to diagnose and treat mental disorders as documented by either 9 transcript grad hrs. in diagnosis and treatment or passing the clinical examination, or have 3 yrs. clinical experience in a community mental health center, state hospital or other settings with experience in diagnosis and treatment, also need 4000 hrs. supervised clinical experience. | Yes | LMFT: 271 LCMFT: 390 |
|---------------|---------------|--|--|------|---|
| Kentucky | MFT | Marriage & Family Therapist | At least two (2) years experience in the practice of marriage and family therapy, acceptable to the board and subsequent to being granted a master's degree; and a minimum of two hundred (200) hours of clinical supervision acceptable to the board and subsequent to being granted a master's degree; and pass a written examination prescribed by the board by promulgation of administrative regulations. | Yes. | 496 Active MFT's 130 Active MFT Associates |
| Louisiana | MFTI LMFT | Licensed Marriage & Family Therapist, Marriage & Family Therapist Intern | MFTI: intern before becoming a therapist LMFT: Must complete min 2 yrs post-grad experience in MFT, that includes at least 3000 hrs clinical services to individual., couples or families, 2000 hrs must be direct clinical services, 1000 may come from workshops, public relations, writing case notes, consulting w/referral sources, etc. | Yes | MFTI: 175 LMFT: 908 |
| Maine | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree MFT, 2 yrs. Experience after obtainment of degree comprised of at least 1,000 hrs. direct client contact w/ couples and families and 200 hrs. of supervision at least 100 of which must be individual supervision. | Yes | LMFT: 20 |
| Maryland | LCMFT | Licensed Clinical Marriage & Family Therapist | LCMFT: M.A. or doctoral degree in MFT, not less than 2 yrs. w/minimum 2,000 hrs. supervised clinical experience in MFT, 1,000 of the hrs. must be face-to-face client contact, 100 must be face-to-face clinical supervision hrs. of which 50 shall be individual. and 50 be group clinical supervision. | Yes | As of 2007 the Number of LCMFT's was 202 |
| Massachusetts | MFT | Marriage & Family Therapist | MFT: M.A./doctoral degree in MFT or related field w/ a minimum of 60 semester hrs., minimum of 2 yrs. full time or equiv. part-time(3360 hrs) post masters supervised clinical experience w/ individuals. family groups, couples for the purpose of assessment and intervention in clinic or hospital, 200 hrs. of supervision required and of the 200 100 must be individual. supervision, the 2 yrs. supervision must include minimum 1,000 hrs. face-to-face contact individuals, family groups, couples and minimum 500 hrs. face-to-face w/ couples, and families. | Yes | MFT: About 200 |
| Michigan | MFT | Marriage & Family Therapist | MFT: M.A. or doctorate in MFT, 1,000 supervised direct client contact hrs. in MFT | Yes | MFT: 830 |
| Minnesota | LMFT LAMFT | Licensed Marriage & Family Therapist, Licensed Associate Marriage & Family Therapist | LMFT: Licensure can be accomplished in one of two ways: 1) Must complete graduate academic work, supervised post degree experience, and pass the required national and state exams. The | Yes | LMFT: 1,478 LAMFT: 346 |
| Missouri | MFT | Marital & Family Therapist | MFT: M.A. or doctoral degree, 3,000 hrs. direct client contact in MFT in no less than 2 yrs. And no more than 5, 1,500 must be direct client contact in MFT and 1,500 must be related to MFT, 2 hrs. every 2 wks. Must be individual face-to-face supervision, multiple settings permitted and multiple supervisors permitted. | Yes | MFT: 209 |

Appendix A - State Comparison Chart

| | | | (1) An applicant for a license shall pay an application fee set by the board by rule. The board may provide a separate, combined fee for | | |
|---------|------|----------------------|---|-----|--|
| | | | | | |
| | | | persons licensed by the board holding dual licenses. An applicant for a | | |
| | | | license under this section shall also complete an application on a form provided by the department and provide documentation to the board | | |
| | | | that the applicant: | | |
| | | | (a) (i) has a master's degree or a doctoral degree in marriage and | | |
| | | | family therapy from a recognized educational institution or a degree | | |
| | | | from a program accredited by the commission on accreditation for | | |
| | | | marriage and family therapy education; or | | |
| | | | (ii) has a graduate degree in an allied field from a recognized | | |
| | | | educational institution and graduate level work that the board | | |
| | | | determines to be the equivalent of a master's degree in marriage and | | |
| | | | family therapy or marriage and family counseling; | | |
| | | | (b) has successfully passed an examination prescribed by the board; | | |
| | | | (c) has worked under the direct supervision of a qualified supervisor | | |
| | | | for at least 3,000 hours, including 1,000 hours of face-to-face client | | |
| | | | contact in the practice of marriage and family therapy, of which up to | | |
| | | | 500 hours may be accumulated while achieving the educational | | |
| | | | credentials listed in subsection (1)(a); and | | |
| | | | (d) is of good moral character. Being of good moral character | | |
| | | | includes in its meaning that the applicant has not been convicted by a | | |
| | | | court of competent jurisdiction of a crime described by board rule as | | |
| | | | being of a nature that renders the applicant unfit to practice marriage | | |
| | | | and family therapy. | | |
| | | | (2) An applicant is exempt from the examination requirement in | | |
| | | | subsection (1)(b) if the board is satisfied that: | | |
| | | | (a) the applicant is licensed, certified, or registered under the laws of | | |
| Montana | LMFT | Licensed Marriage | a state or territory of the United States that imposes substantially the | Yes | |
| | | and Family Therapist | same requirements as [sections 1 through 5] and has passed an | | |
| | | | examination similar to that required by the board; | | |
| | | | (b) for applications received before July 1, 2011, the applicant is a | | |
| | | | clinical member of the American association for marriage and family | | |
| | | | therapy and is a current resident of this state; or (c) the applicant is licensed as a clinical social worker under Title 37, | | |
| | | | chapter 22, or as a clinical professional counselor under Title 37, chapter | | |
| | | | 23, and has practiced marriage and family therapy within the state for a | | |
| | | | period prescribed by the board. | | |
| | | | (3) A person is exempt from licensure as a marriage and family | | |
| | | | therapist if the person practices marriage and family therapy: | | |
| | | | (a) under qualified supervision in a training institution or facility or | | |
| | | | other supervisory arrangements approved by the board and uses the | | |
| | | | title of intern; | | |
| | | | (b) as part of the person's duties as a member of the clergy or | | |
| | | | priesthood; or | | |
| | | | (c) under a temporary permit that the board may issue under rules | | |
| | | | adopted to allow a 1-year temporary permit to an applicant for | | |
| | | | licensure pending examination for a license or processing of the | | |
| | | | application for a license. An applicant with a temporary permit under | | |
| | | | this subsection shall use the title of "licensed marriage and family | | |
| | | | therapy candidate".(1) An applicant for a license shall pay an application | | |
| | | | fee set by the board by rule. The board may provide a separate, | | |
| | | | combined fee for persons licensed by the board holding dual licenses. | | |
| | | | An applicant for a license under this section shall also complete an application on a form provided by the department and provide | | |
| | | | documentation to the board that the applicant: | | |
| | | | (a) (i) has a master's degree or a doctoral degree in marriage and | | |
| | | | family therapy from a recognized educational institution or a degree | | |
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Appendix A - State Comparison Chart

| Montana (continued) | | | from a program accredited by the commission on accreditation for marriage and family therapy education; or (ii) has a graduate degree in an alled field from a recognized educational institution and graduate level work that the board determines to be the equivalent of a master's degree in marriage and family therapy or marriage and family counseling; (b) has successfully passed an examination prescribed by the board; (c) has worked under the direct supervision of a qualified supervisor for at least 3,000 hours, including 1,000 hours of face-to-face client contact in the practice of marriage and family therapy, of which up to 500 hours may be accumulated while achieving the educational credentials listed in subsection (1)(a); and (d) is of good moral character. Being of good moral character includes in its meaning that the applicant has not been convicted by a court of competent jurisdiction of a crime described by board rule as being of a nature that renders the applicant unfit to practice marriage and family therapy. (2) An applicant is exempt from the examination requirement in subsection (1)(b) if the board is satisfied that: (a) the applicant is licensed, certified, or registered under the laws of a state or territory of the United States that imposes substantially the same requirements as [sections 1 through 5] and has passed an examination similar to that required by the board; (b) for applications received before July 1, 2011, the applicant is a clinical member of the American association for marriage and family therapy and is a current resident of this state; or (c) the applicant is licensed as a clinical social worker under Title 37, chapter 22, or as a clinical professional counselor under Title 37, chapter 23, and has practiced marriage and family therapy within the state for a period prescribed by the board. (3) A person is exempt from licensure as a marriage and family therapist if the person practices marriage and family therapy: (a) under qualified supervision in a training institution or fa | | |
|------------------------|-----------|--|--|-----|-----------|
| Nebraska | CMFT | Certified Marriage & Family Therapist | CMFT: M.A. or doctoral degree in MFT, 3,000 hrs. supervised experience direct client contact. | Yes | |
| Nevada | MFT, MFTI | Marriage & Family Therapist, Marriage & Family Therapist Intern | MFTI: Min of 1500 direct client contact hrs, 300 hrs of supervision including a min of 160 provided by an approved supervisor & a min of 40 hrs provided by a secondary supervisor. | Yes | |
| New Hampshire | MFT | Marriage & Family Therapist | MFT: (1) Have a 2-year master's degree or a doctoral degree in marriage and family therapy from a program accredited by the Commission on Accreditation for Marriage and Family Therapy Education; (2) Have a 2-year master's degree or a doctoral degree in a mental health field from a regionally accredited institution and have completed a post-graduate training program accredited by the Commission on Accreditation for Marriage and Family Therapy education; (3) Have a 2-year master's degree or a doctoral degree with a concentration in marriage and family therapy from a regionally accredited institution; or (4) Have a clinical membership in the American Association of Marriage and Family Therapy that was obtained through the "Traditional Track" of the American Association of Marriage and Family Therapy (AAMFT). | Yes | MFT: 91 |
| New Jersey | MFT | Marriage & Family Therapist | MFT: At least a M.A. in social work, marriage or pastoral counselling, psychology, sociology of the family or another related field, 3 yrs. full-time counseling experience 2 of which must have been in MFT. | Yes | |
| New Mexico | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree in MFT or equivalent must first pass state exam and then complete 1,000 hrs of post graduate clinical experience, 200 hours individual clinical supervision. | Yes | LMFT: 105 |

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| New York | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree in MFT, complete 1,500 client contact hrs. through either a practicum if if you graduated from a MFT program, or post-degree experience if you graduated in a related field, you also need to complete the 2 hr. Department-approved course in child abuse identification and reporting or the exemption (Form 1CE) | Yes | LMFT: 644 |
|-------------------|-------------------------|--|--|-----|-------------------------------------|
| North Carolina | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctorate in MFT, completed at least 1,500 hrs. of clinical experience not more than 500 obtained while in M.A. program and at least 1,000 of which were obtained after applicant was granted a degree in MFT. | Yes | LMFT: About 200 |
| North Dakota | LMFT LAMFT | Licensed Marriage and Family Therapist; Licensed Associate Marriage and Family Therapist | 2000 hours of experience, 1500 are direct clinical client contact, 500 are related experience hours | Yes | 36 |
| Ohio | MFT, Independent MFT | Marriage & Family Therapist, Indepent Marriage & Family Therapist | The MFT license is based on education and no experience and is held while licensee is working on the 2 years, 1,000 client contact hours and 200 hours of face-to-face supervision hours. | Yes | MFT: 78, Independent MFT: 191 |
| Oklahoma | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree in MFT, successful completion of 2 yrs. Work experience in MFT | Yes | |
| Oregon | MFT, MFTI | Marriage & family Therapist, Marriage & Family Therapist Intern | MFT: Have 2000 post-degree hrs of supervised direct client contact work experience in MFT that meets criteria for setting, level of supervision and credentials of supervisor | Yes | MFT: 475, MFTI:110 |
| Pennsylvania | LMFT | Licensed Marriage & Family Therapist | LMFT: Minimum 1 year, 300 hours of supervised direct client contact with individuals, couples and families. An independent marriage and family therapist or a marriage and family therapist may engage in the private practice of marriage and family therapy as an individual practitioner or as a member of a partnership or group practice. | Yes | LMFT: 419 |
| Rhode Island | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree in MFT, has had a minimum of two (2) years of relevant postgraduate experience, including at least two thousand (2,000) hours of direct client contact offering clinical or counseling or therapy services with emphasis in marriage and family therapy subsequent to being awarded a master's degree or doctorate with a minimum of one hundred (100) hours of post-degree supervised case work spread over two (2) years. | Yes | LMFT: 538 |
| South Carolina | LMFT | Licensed Marriage & Family Therapist | LMFT: Masters/specialist's or doctoral degree in MFT, minimum of 1500 hrs. of supervised clinical experience in the practice of MFT performed over a period of not less than 2 yrs. under the supervision of a LMFT. Supervisor or other qualified licensed mental health practitioner. Experience must include a minimum of 1500 hrs. direct client contact with individuals, couples, families, or groups of which a minimum of 150 hrs. spent in immediate supervision with LMFT supervisor, the 150 hours are to be 100 hours of individual and 50 hours of group or individual supervision. | Yes | 233 |
| South Dakota | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree, at least two years and at least 1,700 hrs. of professional supervised experience conducted in face-to-face contact with individuals, couples, and families including supervision in the diagnosis of individual pathology. Only supervised clinical contact may be credited for this requirement. At least 100 of the 200 hrs. must be individual supervision by a board approved supervisor. | Yes | LMFT: 93 |
| Tennessee | LMFT | Licensed Marital & Family Therapist | LMFT: M.A. or doctoral degree, 2 yrs. of post-Master's clinical experience consisting of not less than 10 hours per week. | Yes | MFT: 576 |

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| Texas | MFT | Marriage & Family Therapist | MFT: M.A. or doctorate degree, complete minimum 2 yrs. Work experience in MFT that includes at least 3,000 hours of clinical services to individuals, couples or families, at least 1,500 hours must be direct clinical services, 750 hours to couples or families, and the remaining 1,500 hours may come from related experiences, , no more than 500 hours may be transferred from a COAMFTE accredited doctoral program, at least 200 hrs. of supervision in which 100 must be individual supervision | Yes | MFT: 2,778 |
|---|------|--|--|-----|------------|
| Utah | MFT | Marriage & Family Therapist | MFT: M.A. or doctoral degree, complete 4,000 hrs. supervised training in MFT in 2 yrs., 100 hrs. must be face-to-face, 1,000 hrs. be mental health therapy of which at least 500 are with couples/families | Yes | MFT: 1,338 |
| Vermont | MFT | Marriage & Family Therapists | MFT: Have completed graduate degree in MFT or equivalent, have successfully completed 2 yr. work experience in MFT under supervision, 3000 hrs. supervised individual., couple, family or group therapy over 2 yr. period, 2,000 hrs. must be direct service 1,000 of this must be w/ couples/families, other 1,000 must be continued clinical practice or indirect services, 100 hrs. must be face-to-face and of the 100 hrs. 50 must be in an individual setting. | Yes | |
| Virginia | MFT | Marriage & Family Therapists | MFT: M.A. or doctoral degree, complete 2 yrs. Supervised experience with no less than 4,000 hours of supervised work experience, to include 200 hours of supervision with the supervisor in the practice of MFT, at least 2,000 hours must be acquired in direct client contact of which 1,000 hours shall be with couples or families or both. | Yes | MFT: 727 |
| Washington | LMFT | Licensed Marriage & Family Therapist | LMFT: Min. of 2 yrs MFT, 100 hrs must be with LMFT with at least 5 years clinical experience, other 100 hours must be with an equally qualified LMHP; Min. of 3000 hours experience-1000 must be gained in diagnosing and treating couples & families, 200 hours qualified supervision with supervisor & at least 100 of the 200 must be 1 on 1. | Yes | LMFT: 1244 |
| West Virginia | MFT | Marriage and Family Therapist | MFT: A master's or doctoral degree from an institution with a program accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), Council on Accreditation of Counseling and Related Educational Programs (CACREP), the North Central Association of Colleges and Schools (NCACS), the Southern Association of Colleges and Schools (SACS), or a comparable accrediting body as determined by the Board. Applicants must complete a minimum of 60 semester hours or 90 quarter hours of graduate course work inclusive of a masters or doctoral degree in marriage and family therapy. The applicant shall have a minimum of 3000 hours of supervised marriage and family therapy experience, after earning a master's degree in marriage and family therapy or its equivalent as determined by the Board; or have earned a doctoral degree in marriage and family therapy or its equivalent as determined by the Board and have a minimum of 1500 hours of supervised marriage and family therapy experience after earning the degree. All applicants must pass the MFT national exam. | Yes | _ |
| Wisconsin | LMFT | Licensed Marriage & Family Therapist | LMFT: M.A. or doctoral degree in MFT, completed at least 3000 hours of marriage and family therapy practice in no less than 2 years, including at least 1000 hours of face—to—face client contact, under the supervision of a supervisor. | Yes | LMFT: 124 |
| Wyoming | MFT | Marriage & Family Therapist | MFT: M.A. or doctorate in MFT, 3,000 hrs. supervised clinical experience including a minimum of 100 hrs. face-to-face individual. clinical supervision. | Yes | MFT: 110 |
| * All states have informative websites. | | | | | |