

TO: Cadet/Applicant's Physician

FROM: AFROTC Det 172
Valdosta State University
1500 N. Patterson St
Valdosta, Ga 31698

Dear Physician,

Air Force Reserve Officer Training Corps (AFROTC) requires individuals who wish to pursue a commission as an officer in the United States Air Force to participate in rigorous physical activity. Therefore, we need to be assured the individual has been properly evaluated by a medical authority prior to participating in our physical fitness program. Your evaluation on the attached AFROTC Form 28 is vital to the cadet/applicant's ability to participate in our program. The following instructions are provided to clarify what is requested by you on the AFROTC Form 28:

- Block 1: Fill in the cadet/applicant's last name, first name, middle initial
- Block 2: Write "172"
- Block 3: Fill in the cadet/applicant's measured height and weight
- Block 4: Fill in the cadet/applicant's minimum and maximum weight based on table 1 and table 2 on the reverse side of the AFROTC Form 28
- Block 5: DO NOT COMPLETE--Will be completed by AFROTC personnel
- Block 6: DO NOT COMPLETE--Will be completed by AFROTC personnel
- Block 7: Print your name
- Block 8: If the cadet/applicant's measured weight from block 3 is less than the minimum allowed in block 4, follow the instructions in block 8 and initial
- Block 9: If the cadet/applicant's measured weight from block 3 is greater than the maximum allowed in block 4, follow the instructions in block 9 and initial
- Block 10: Circle the appropriate wording
- Block 11: Provide information as required
- Please remember to sign and date the bottom of the form

Thank you very much for your assistance in completing the AFROTC Form 28. The form can be given back to the cadet/applicant and they will hand-deliver it to us. Please contact me at 229-333-5954 or marmorris@valdosta.edu if you have any questions.

Sincerely,

MARK D. MORRIS, Capt, USAF
Operations Flight Commander