

The purpose of the consortium is to foster collaboration among USG institutions in regards to professional development to facilitate Benchmarking, share development Resources and implement best practices.

Regional training centers and regional partnerships have been established throughout the USG.



Regional Training Center

Valdosta State University

Registration Assistance:

training@valdosta.edu

Customized Training:

Becky Murphy– 229-259-5106

Regional Partners

Abraham Baldwin Agricultural College

Albany State University

Bainbridge College

Columbus State University

Darton College

Georgia Southwestern State University

South Georgia State College

FREE class offered through the University System of Georgia
Professional Development Consortium.

Navigating the Personality Maze

Tuesday, October 6, 2015 9:30 a.m.—12:30 p.m.

Valdosta State University — University Center Rose Room

As a front-line agent of your department and Valdosta State University, you spend a great deal of your time dealing with people, whether it is face-to-face or on the phone. This class is designed to help you become more efficient and less stressed in dealing with people you help throughout your day by understanding how to communicate and interact with various personality types. By understanding the different personalities you face, you can reduce the amount of stress and conflict by presenting information in ways that will reach them as efficiently as possible. Topics covered include:

- Understanding your personality and persona and the role it plays
- Identify various types of difficult people and their characteristics
- Develop strategies to overcome negative or aggressive behavior
- Maintain a confident and professional demeanor when faced with difficult situations
- Understanding how generational traits impact personalities

Instructor: Faye Altman

Register

Online-<https://apex.valdosta.edu/apex/f?p=238:101:1674060370082900>

Select Training Course Registration button

Select visitor login

OR

Call- VSU Employee Development
229-259-5105

