

WAYS TO STUDY SMARTER

CHOOSE SANITY OVER SUFFERING

managing your time



HINT

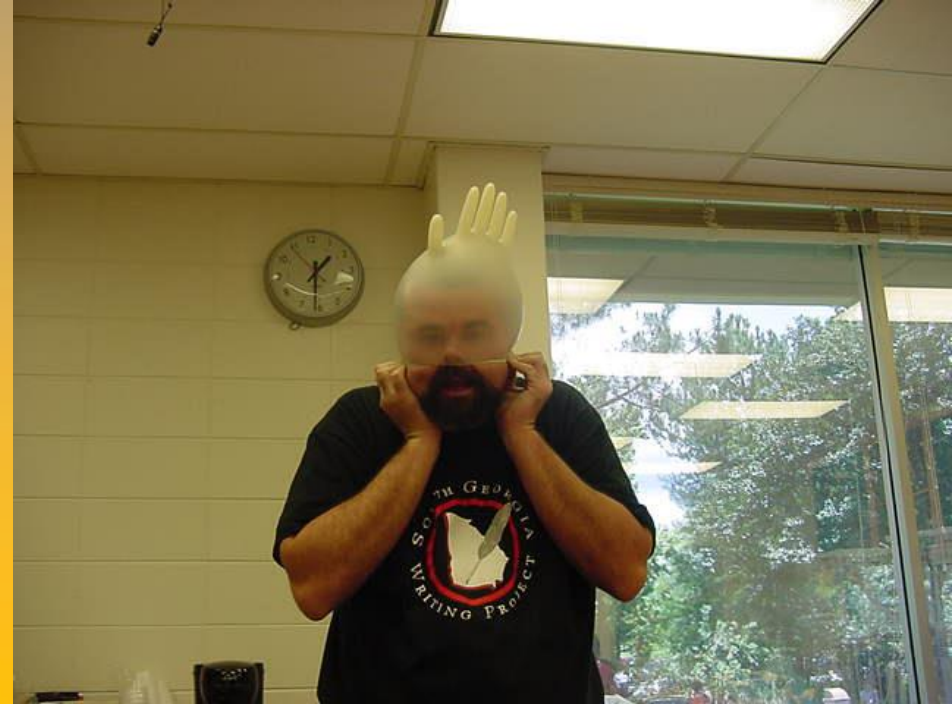
- Attend Classes.

Pay attention to the last five weeks of the semester—it's been said that 50% of a course's work takes place in the last third of the term.



Hint

- Know your instructor.



- The syllabus says a lot about the instructor.
- Don't be afraid to ask about his/her grading and testing system.
- Go visit your profs during office hours!

3 Shortcuts

- Schedule regular study periods.
 - Study short and often (good news, huh?)
 - Alternate subject areas
- Establish a regular study area.
 - Creating the habit kicks your Brain into study mode, even When you don't want to 😊
- Set a specific goal for each subject you study.



Hint

- Start study sessions on time.
 - It's amazing how just a 10 minute delay adds up.



Hint

Study when you are wide awake.

- Generally, 1 hour a day is worth 1.5 hours at night.
- Use time between classes and other small pockets of time (waiting at the doc's, doing laundry, etc)



Short cut

- Start assignments as soon as they are given.
 - Devoting time each week to an assignment allows you to pay attention to quality.
 - Avoids that stuck-in-quicksand feeling in those last weeks of the semester.



SQ3R

Hint

- Study your most difficult subjects first.



Hint

- REWARD YOURSELF.



What are some effective ways you study?

- Study groups?
- Flash cards?
- Highlighting?
- What else?