

# EdVantages

SPRING 2015

*bringing learning to life*

**at WORK.  
at HOME.  
at PLAY.  
Every  
Day!**

Getting Paid to Talk

See Page 4 For More Information

&

Writing for  
Publication

See Page 7 For More Information

### *How can we help?*

Whatever you want to achieve in your life, VSU Continuing Education is here to help you do it. We have the non-credit personal enrichment, and professional success classes and trainings you want.

- **Online**
- **In the classroom**
- **Customized workshops, seminars, or conferences at our facility or yours**



### *Spring Highlights*

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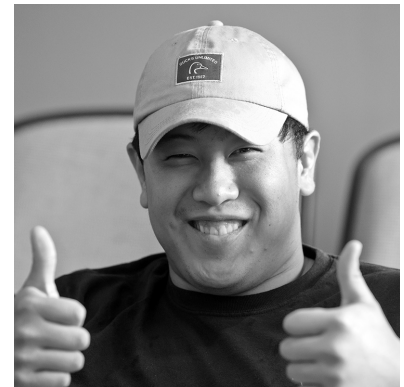
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### *Our Mission*

The Continuing Education Program enhances the quality of life in the region by providing educational, artistic, cultural, technological, and economic development activities and programs. Continuing Education at Valdosta State University develops and presents programs and activities for professional and personal enrichment.



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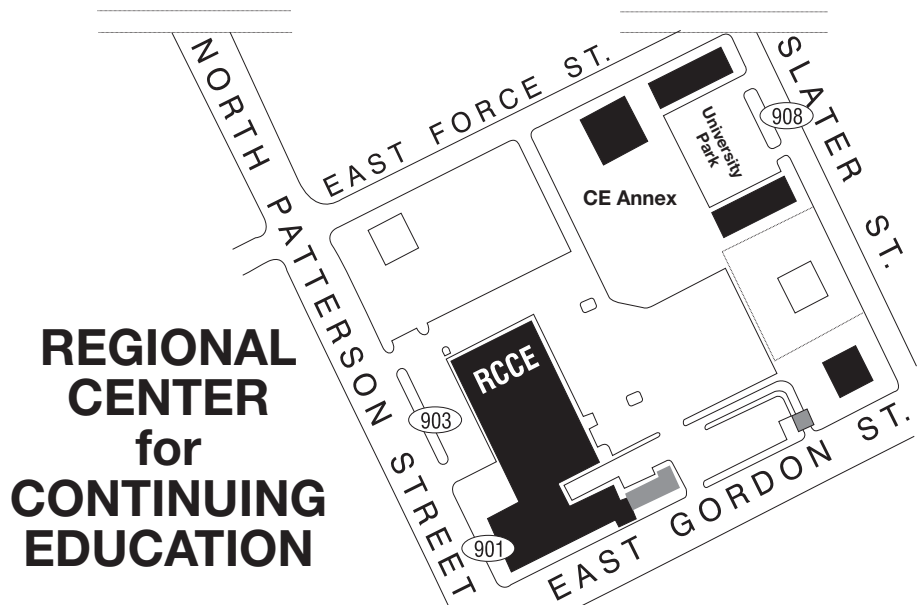
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2 blocks south of the University Center



**229.245.6484**  
**903 N. Patterson St. Valdosta, GA 31698**  
**[www.valdosta.edu/ce](http://www.valdosta.edu/ce)**

# Language & Communication

## *Sign Language for Beginners*

Open the doors of communication and explore basic conversational sign language. You will be introduced to Deaf culture while you learn finger spelling, basic signs, common phrases, and grasp general concepts and structure of American Sign Language (ASL). Build basic conversational skills in a fun and welcoming environment. (1.0 CEU)

Instructor **Jennifer Beal-Alvarez** is an assistant professor in VSU's Department of Middle Grades, Secondary, Reading, and Deaf Education.

**5 Mondays | Mar 30 - April 27**  
**6 - 8 PM | \$89 (After Mar 23, \$105)**  
15WBPD10



## *Online Language Courses*

Beginning Conversational French

Conversational Japanese

Speed Spanish I, II, & III (\$109 each)\*

Spanish for Law Enforcement

Spanish for Medical Professionals

Spanish for Medical Professionals II

\*Spanish in the Classroom

Each course above is \$109. See page 14 for details regarding 6-week, instructor-paced online courses.

\*Course approved for GA Teacher Recertification - PLUs (Professional Learning Units). An additional \$10 applies if PLUs are requested.

## *Getting Paid to Talk: An Introduction to Voice Overs*

Have you ever been told that you have a great voice? Explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the Internet in your area. Discover all the basics, including how to prepare the all-important demo.

Ask questions, hear examples of demos recorded by professional voice actors, and practice recording a commercial script. (.25 CEU) Please note: Register early! Minimum enrollment must be reached by Feb 10.

**Tuesday | Feb 17 | 6:30 - 9 PM | \$29 (After Feb 10, \$39)**  
15WBPD02

The [instructor] was very entertaining and knowledgeable about the topic.

~Farrah Reed,  
Voice Over Student

## *Conversational Spanish*

Learn the basics of conversational Spanish! Practice common, useful phrases and vocabulary, correct pronunciation, and basic sentence structure you need to understand and use the Spanish language. (1.2 CEU)

Instructor **Marcela Paredes** teaches Spanish at Valdosta and J.L. Newbern Middle Schools.

**6 Thursdays | Mar 5 - Apr 16 | 6 - 8 PM | \$99 (After Feb 26, \$115)**

\*No Class April 2  
15WBPD03

## *Assertiveness Communication Training*

Assertive communication skills are an important part of interacting in school, work, and life. Learning to master the use of assertive communication is key to maintaining your personal rights while sustaining professional and personal relationships. Learn techniques for dealing with situations that demand the use of assertive communication skills. (.25 CEU)

Instructor **Tim Yorkey** is a training specialist in VSU's Employee Development department.

**Wednesday | Mar 4 | 9 - 11:30 AM | \$49 (After Feb 18, \$59)**

**Location: University Center Rose Room**

VSU Employees must register through the Employee Development website for this course.  
15WBPD04

## *Listening & Interpersonal Communication*

Are you confronted with recurring communication issues in your personal and professional life? Learn fresh, new approaches to improve your interactions with supervisors, co-workers, staff members, and peers. Explore your communication style, learn effective communication techniques, discuss your specific challenges, and practice a variety of communication skills. (.3 CEU)

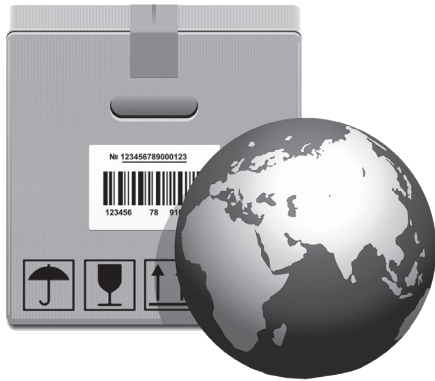
See *Assertiveness Communication Training* for instructor information.

**Thursday | Mar 5 | 9 AM - 12 PM | \$59 (After Feb 19, \$69)**

**Location: University Center Rose Room**

VSU Employees must register through the Employee Development website for this course.  
15WBPD05

# Career & Skill Building



## *Import Export Now!* ONLINE

Discover what it takes to be self-employed in import or export (or both) of goods or services in this hands-on course delivered over the internet. Learn how to develop your product or service, find the best suppliers and customers, work with banks, currency issues, insurance companies, government agencies and other trade entities. (1.8 CEU)

Instructor **John Spiers** has been trading internationally since 1984. The required textbook, *How Small Business Trades Worldwide*, is available at online bookstores, new or used, for under \$26. The Kindle version is available for under \$10. (ISBN: 978-0-9795515-0-5). Live online sessions on Wednesdays.

**Online** | \$95 (Textbook Not Included)

**Winter: Jan 21 - Mar 18** | **Spring: April 15 - June 10**

WINTER 15WBPD06 / SPRING 15SBPD01

## *Exporting Food as a Small Business* ONLINE

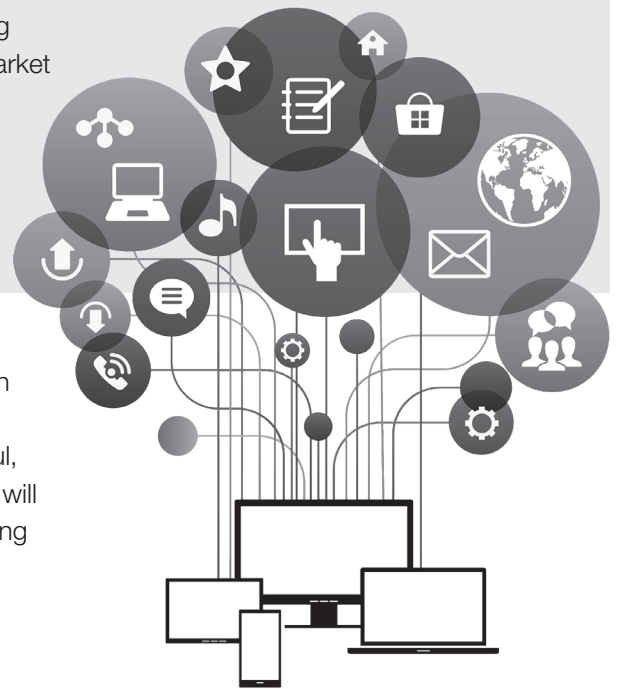
What if you could find untapped markets overseas for a small food or beverage business that was just as profitable but no more difficult than a domestic sale? No business is too small to export! In this hands-on course, you'll develop the FOB MOQ US\$ export offer (don't worry, we'll explain), turn it into a website page, and then actively market to buyers overseas who are ready, willing and able to buy, without wasting time and money on trade lead and "market intelligence" services. (.8 CEU)

See *Import Export Now!* for instructor information.

**Online** | \$89

**Winter: Jan 20 - Feb 11** | **Spring: April 14 - May 5**

WINTER 15WBPD07 / SPRING 15SBPD02



## *Content Marketing for Social Media*

Stand out from your competitors by helping your customers see through the vast amounts of information in front of them to the good stuff...the answers they want. Discover how to select, organize, and present useful, entertaining, and engaging content using a variety of curation tools that will help pull people toward your company. You will also receive tips on writing original content. (.4 CEU)

Instructor **Karen Morris**, VSU English Department, teaches classes in creating multimedia presentations using Web 2.0 tools.

**2 Mondays** | **Mar 2 & 9** | **6 - 8 PM** | **\$49 (After Feb 23, \$65)**

15WBPD08



## *Graphic Design for Non-Designers*

Do you need to produce effective marketing content in web or print formats for your business or organization? Not everyone is an artist, but you can learn practical skills in design principles and communication strategy that you can apply to get professional results. Learn to build a "Can't-Miss" Style Guide. Your work will have the polished edge that attracts attention, wins customers, and compels action from your audience. (.8 CEU)

Instructor **Elton Dixon** is owner & director of EnayDesigns, a local marketing, coaching, & design agency.

**4 Tuesdays** | **Mar 10 - 31** | **6:30 - 8:30 PM** | **\$89 (After March 3, \$105)**

15WBPD09



## *How to Sell on eBay*

Do you want to start a business or just make some extra money selling on eBay? There are over 145 million registered buyers worldwide. Learn the tips, techniques, and tools to sell to your customers. (.4 CEU)

Instructor **Paul Leavy** is VSU's photographer and an experienced eBay entrepreneur.

**2 Thursdays | Apr 2 & 9**  
**6 - 8 PM | \$39 (After Mar 26, \$49)**  
15SBPD03

### *Register Early!*

CLASSES MAY BE  
CANCELLED IF THERE  
IS NOT SUFFICIENT  
ENROLLMENT TO  
COVER COSTS

## **Computer Basics:**

### *\*File Management*

This class is a must for all computer users. Learn to set up a useful and effective filing system for all your files. No more lost pictures or documents! Practice moving, copying, saving and deleting files and folders. (.5 CEU)

Instructor **Debbie Seko** is a certified Microsoft Office User Specialist.

**4 Tuesdays | Jan 20 - Feb 24 | 9:30 - 10:30 AM | \$39**

*\*No Class Feb 10 & 17*  
15WLIR073

### *\*Beginning PowerPoint*

Learn to create slide show presentations with PowerPoint, incorporating animations, pictures, clip art and text. (.75 CEU)

See *File Management* for instructor information.

**5 Wednesdays | Jan 21 - Feb 25 | 1 - 2:30 PM | \$59**

*\*No Class Feb 11*  
15WLIR070

### *\*Movie Maker*

Learn to use videos and pictures to create a movie that can be saved and shared with family and friends, or uploaded to the internet. (.9 CEU)

See *File Management* for instructor information.

**6 Thursdays | Jan 22 - Feb 26 | 1 - 2:30 PM | \$69**

15WLIR071

*\*These classes are offered in conjunction with our Learning in Retirement program.*

## *iPad 101*

Got an iPad, but don't know how to make the most of it? Let us help! Learn navigation basics, including searching, settings, and customizing your device. Find out how to manage and use pre-loaded apps that come with your iPad. Visit the App Store to find and install additional apps. Learn how to use the camera and make the most of your battery life. **Please note:** Bring your iPad fully charged. If you already have an Apple ID, you must know your user name and password. Participants will receive a guest WiFi account to use during this class, so you MUST be registered with payment by Tuesday, March 10.

Instructor **Sheila Hall** is a training specialist with VSU's Training and Communication department.

**Thursday | March 12**  
**6 - 8 PM | \$29 (After Mar 5, \$35)**  
15WLIR079

**Sheila is an excellent  
trainer! I learned so much  
in a short time and I'm  
really getting a lot more out  
of my iPad now.**  
~Susan Bailey,  
iPad Class Student



## *Writing for Publication*

Do you love words and the craft of writing? Do you want to be a published writer? Join us for a morning of encouragement, motivation, and guidance for beginning and experienced writers. Harry Livermore will share tips and techniques he has learned during his career as an educator and published writer. Get answers to these questions and many more:

- Which publications and audiences will my writing appeal to?
- Should I write about people, places, or things?
- Should I send photos with my article?
- How much money can I earn as a writer?
- How long will I have to wait for a letter of acceptance?

Instructor **Harry Livermore**, educator and published writer, is editor of *Valdosta Magazine*.

**Saturday | March 14 | 9 AM - 12 PM**

**\$59 (After Mar 6, \$69)**

**Location: University Center Rose Room**

15WBPD01

## *Who Moved My Cheese?*

Learn how to see change within an organization in a new light and do the things that will make the biggest positive impact. Gain practical skills to help your team successfully prepare for and achieve organizational change.

Instructor **Tim Yorkey** is a training specialist with Employee Development at VSU.

**Tuesday | March 3 | 2 - 5 PM | \$49 (After Feb 17, \$59)**

*VSU employees must register through the Employee Development website for this class.*

15WBPD11

## *Dealing with the Difficult Caller*

“The customer is always right” can be put to the test when you have a challenging encounter on the telephone with an uncooperative customer. These difficult callers can add stress to your day and affect your interactions with others. Don’t let difficult callers get the best of you. Learn effective strategies to deal with these demanding situations.

See *Who Moved My Cheese?* for instructor information.

**Tuesday | April 14 | 9 - 11 AM | \$29 (After Mar 31, \$39)**

**Location: University Center Rose Room**

*VSU employees must register through the Employee Development website for this class.*

15SBPD04

# Certification & Recertification

The instructor put a lot of information out and explained it very well. She kept up interest in the whole class...good job!  
 ~Brian Gonzales, ServSafe Student



Registered trademark of the National Restaurant Association Education Foundation

## Exam-Only Sessions

### For those who are:

- Seeking a proctor after completing the ServSafe online course.
- Retaking the ServSafe Exam.
- Non-English speakers doing self-study in their preferred language.

Exams are taken online and are available in English, Spanish, and Chinese.

Exam-Only Registration Fee: \$75\*

\*Fee does not include instructional time, textbook, or exam voucher. Registrants must purchase textbook & exam voucher from [www.servsafe.com](http://www.servsafe.com).

Register with payment by Thursday at 4 PM the week before the exam date.

EXAM DATES	Start Time
Tuesday, Jan 13	9 AM
Tuesday, Feb 10	9 AM
Monday, Mar 16	4:30 PM
Tuesday, Apr 14	9 AM
Tuesday, May 12	9 AM



ServSafe Classes can be offered on a Contract Basis for Your Food Service Establishment! Call Sue Bailey at **229.245.6484** for details.

## Food Safety Manager Certification (Class & Exam)

- One Day Training Session by a Certified Instructor (.85 CEU)
- Class Concludes with Administration of the Certification Exam
- Pass / Fail Results Available Immediately
- Textbook and Exam Materials Included

Monday | Mar 16 | 9 AM - 6:30 PM | \$189 (After Mar 2, \$229)

Multilingual textbooks and test materials are available. For complete information about our ServSafe classes & exams, call Sue Bailey at 229.245.6484 or visit our website, [www.valdosta.edu/conted](http://www.valdosta.edu/conted) and click on Professional Development.

15WBPD14



## Court Reporters Workshop

Keep up-to-date with the knowledge, skills, and tools of court reporting to maintain excellence in your profession. Workshop topics are TBA. ICJE and NCRA approval pending for 5 hours of continuing education credit. Lunch included. (.5 CEU)

Saturday | Mar 14 | 8:45 AM - 3 PM | \$109 (After Mar 6, \$125)

Check-in & continental breakfast begins at 8:15 AM. The first presentation begins at 8:45AM.

15WBPD12

## Preparation for PHR/SPHR Certification

Human Resources is highly competitive and ever-changing and professional development is critical. Earning your certification helps keep you up-to-date, demonstrates your commitment to the HR profession, and can set you apart as an expert in the HR field. This course uses the *Human Resources Certification Preparation Program* (HRCP) training materials and prepares you to take the *HR Certification Institute* (HRCI) exam for a PHR or SPHR credential.

**Begins in late February; exact dates and time are TBA. 12 sessions total.**

Contact Sue Bailey at [subailey@valdosta.edu](mailto:subailey@valdosta.edu) for information or call 229-245-6484. 15WBPD13



# Digital Photography Certificate Program



## *Fundamentals of Digital Photography*

Learn basic skills to operate your digital SLR camera and take better photos. Explore auto settings, exposure control, how to choose ISO settings, and gain an understanding of color temperature, white balance, image noise reduction, and more. You will have lots of practice taking pictures using your new skills. A prosumer SLR digital camera with interchangeable lenses is recommended; an advanced digital camera with a zoom lens and aperture and shutter priorities is acceptable. Please bring your camera to class. (1.0 CEU)

Instructor **Paul Leavy** earned his B.S. in Journalism in 1985 from the University of Florida. Paul became the university photographer for VSU in August 2012 after more than 25 years as Valdosta Daily Times staff photographer and has won many photography awards including the Photo of the Year from the Georgia Associated Press.

**5 Tuesdays | Mar 17 - Apr 14 | 6 - 8 PM | \$139**

(After Mar 10, \$155)

15WBPD15

## *Photoshop Basics*

Learn the basics of image editing with Adobe Photoshop and build skills that will help you go further with the application. Practice using core tools, working with images and selections, resizing, create and modify layers, adjust and retouch images, and more. (.45 CEU)

Instructor **Roberto Leal** is part of VSU's Media Services team. He teaches workshops and classes for students and staff in many Adobe programs including Photoshop, InDesign, Premiere, and Illustrator.

**3 Thursdays | Mar 5 - 19 | 6 - 7:30 PM | \$59**

(After Feb 26, \$69)

15WBPD16

Do you love taking photos? Are you interested in learning more about digital photography? Successful completion of this VSU Continuing Education certificate indicates a foundation of knowledge and skills in digital photography and camera operation.

To earn the certificate you must:

- Successfully complete the entire program within 18 months (*Minimum 60 Hours*)
- Maintain a 75% GPA or better throughout the program. (Additional attendance requirements apply.)
- Apply for VSU Continuing Education Certificate.

### **Core Courses:**

- Fundamentals of Digital Photography | 10 Hours
- Photographing People with Your Digital Camera  
Online: 24 Hours
- One of the following photo editing classes:
  - Photoshop CS6 for the Digital Photographer  
Online: 24 Hours
  - Photoshop Elements 11 OR 12 for the Digital Photographer | Online: 24 Hours
  - Intro to Lightroom 4 OR 5 | Online: 24 Hours
  - Photoshop Basics | 4.5 Hours

### **Elective Courses (Choose One):**

- Travel Photography for the Digital Photographer  
Online: 24 Hours
- Photographing Nature with Your Digital Camera  
Online: 24 Hours

See page 14 for online class start dates.

Online classes \$109 each unless otherwise noted.

Descriptions of online classes in this program available at [www.valdosta.edu/ce](http://www.valdosta.edu/ce).



Look for this icon throughout the catalog for classes that are part of the Digital Photography Certificate Program.

# Special Programs



## Camp **DISCOVERY** AFTER SCHOOL EDITION

By request, we are offering an “after school” edition of our popular summer Camp Discovery program. Classes will be offered in 4-week blocks. New projects each session, so your child can sign up for 1, 2, or all three blocks without repeating projects.

### *Awesome Artists After School* GRADES K-3

Come get creative with us! Make new friends while completing one or more projects each week: painting, sculpture, crafts, and more.

**\$69 Fee Per Block | Each Block is 4 Tuesdays | 4 - 5:45 PM**  
Instructor: Kara Bunte

**Block A: January 20, 27 & February 5, 12**

**Block B: February 24 & March 3, 10, 17**

**Block C: April 7, 14, 21, 28**

### *Crazy Science After School* GRADES K-3

Look at our world through the eyes of a scientist! Through hands-on activities, learn some basic principles of biology, chemistry, and physics.

**\$69 Fee Per Block | Each Block is 4 Thursdays | 4 - 5:45 PM**  
Instructor: Kara Bunte

**Block A: January 22, 29 & February 5, 12**

**Block B: February 26 & March 5, 12, 19**

**Block C: April 9, 16, 23, 30**

More classes may be added in the Spring, so check our web site for any new additions. For more information, contact Suzanne Ewing at [sewing@valdosta.edu](mailto:sewing@valdosta.edu).

## Connect with us!

Are you on Facebook, Twitter or LinkedIn? Connect with us and explore all the ways you can learn and grow, from kids' programs, to professional development and personal enrichment, to Learning in Retirement. You'll find something for everyone!



Search “VSU ContEd”

### *Learning in Retirement*

is an organization for individuals 50 years of age and above that provides a unique opportunity for cultural growth, lifelong learning, and recreation.

LIR is member-led and university sponsored. Members are involved in determining curriculum, recruiting new members, managing budget, and developing social programming. The program is coordinated through the Continuing Education office at Valdosta State University.

Participants pay membership dues of \$45 a term and may take as many LIR courses as they wish (classes with paid instructors may have additional fees).

Classes are held at VSU Continuing Education, 903 N. Patterson Street (across from The Crescent). For additional information or to receive a current class schedule, call us at: **229.245.6484**.

[www.valdosta.edu/ce](http://www.valdosta.edu/ce)

Click on “Learning in Retirement” or search for Learning in Retirement at Valdosta State University on Facebook!

# Frequently Asked Questions

## Q: *Why should I register early?*

Continuing Education at Valdosta State University is self-supporting and the cost of presenting a course must be covered by registration fees. Courses with insufficient enrollment will be cancelled. In order to make sure that the course in which you are interested is held, you should register at least 5 days prior to the course starting date. The decision to confirm or cancel a class will be made 3 working days prior to the start date. Some courses require an earlier call date due to ordering materials. This is indicated by an advanced registration deadline date. Fees must be paid at the time of registration in order to confirm your place in class. Late or walk-in registrations will only be accepted on a space available basis.



## Q: *What about books and materials for classes?*

Sources for required/suggested books and supplies are varied and include local and online booksellers. Sources for specialty books will be noted in the course description or by the instructor during the course.



For more information visit our website:

[www.valdosta.edu/ce](http://www.valdosta.edu/ce)

or call our office at:

**229.245.6484**

to request a program brochure.



## Q: *What is our refund / cancellation policy?*

Unless otherwise stated in the course description, full refunds minus \$5 or 5%, whichever is greater, will be given by contacting the Continuing Education office at **229.245.6484** at least **3 working days (72 weekday hours)** prior to the beginning of the program. No refunds will be given for cancellations less than three working days prior to the beginning of class, but registrants may send a substitute. No partial refunds are given for classes missed. For classes cancelled by VSU, registrants will be issued a full refund.

## Q: *May I transfer my payment to another class?*

Requests for transferring registration fees to another class will be granted if space is available and the request is made at least 3 working days prior to the beginning of class.

## Q: *How do I register?*

Continuing Education has four easy ways to register for our programs - by mail, fax, phone, or in person. See instructions on page 12. Be sure to register early to reserve your space and to ensure the class will be held. Payment may be made by cash, check, money order, MasterCard / VISA / Discover, or company purchase order.

## Q: *What is a CEU?*

A Continuing Education Unit (CEU) is a standardized method of recording participation in continuing education classes designed to improve occupational skills or knowledge. One CEU equals 10 actual classroom hours. CEUs will be recorded for anyone successfully completing a course or workshop. CEU transcripts are available by request (records maintained for 20 years). CEUs cannot be converted to academic credit hours. Many occupations require a certain number of CEUs each year. Check with your occupation's licensing agency to find out if a particular course will meet your requirements.

## Q: *Do you accept the HOPE Scholarship?*

No. The Hope Scholarship is not applicable to non-credit courses.

## Q: *Are there financial aid opportunities available?*

Participants in certain career and professional development courses may be eligible for financial aid from private lenders. Search the Internet for continuing education or employment and training loans, or check out these options:

### CAREER TRAINING LOAN SM

*Smart Option Student Loan\**

[www.salliemae.com](http://www.salliemae.com)

### FOR EMPLOYEERS:

*Georgia Retraining Tax Credit*

[www.georgiaquickstart.org/econdev/retrain.html](http://www.georgiaquickstart.org/econdev/retrain.html)

**For those enrolled in our online certificate programs offered in conjunction with Ed2Go Online Career Training.\***

[www.ed2go.com/career/financial-assistance](http://www.ed2go.com/career/financial-assistance)

### WIA (Workforce Investment Act)\*

*Contact your local WIA board or search for your local board at:*

[www.doleta.gov/usworkforce/wia/act.cfm](http://www.doleta.gov/usworkforce/wia/act.cfm)

*\*Resources listed above are for informational purposes only and do not constitute endorsement by VSU Continuing Education*

# 4 Easy Ways to Register



## MAIL

Complete our convenient registration form and mail it with payment to:

**Continuing Education - EdVantages  
Valdosta State University  
1500 N. Patterson St.  
Valdosta, GA 31698-0435**

Make your check or money order payable to VSU Continuing Education. If paying by MasterCard, VISA, or Discover please make sure to sign the form.



## FAX

Complete and fax the registration form to 229.333.5397. MasterCard, VISA, and Discover are accepted.



## PHONE

You may register by phone by calling our office at 229.245.6484 during regular working hours:  
**Monday - Thursday | 8 AM - 5:30 PM  
Friday | 8 AM - 3 PM**



## IN PERSON

Visit The Regional Center for Continuing Education (Room 124)

Our physical address:

**903 N. Patterson St. Valdosta, GA  
Monday - Thursday | 8 AM - 5:30 PM  
Friday | 8 AM - 3 PM**

*(On the corner of Patterson St. and Gordon St.,  
across from The Crescent.)*

## *Register Early!*

Continuing Education at Valdosta State University is self-supporting and the cost of presenting a course must be covered by registration fees. Courses with insufficient enrollment will be cancelled. In order to make sure that the course you are interested in is held, you should register at least 5 days prior to the course starting date. The decision to confirm or cancel a class will be made 3 working days prior to the start date or earlier if materials need to be ordered.

Fees must be paid at the time of registration in order to confirm your place in class. Cancellations must be made at least 3 working days (72 weekday hours) prior to the start of class in order to receive a refund.

Additional registration deadlines and cancellation policies may apply to specific courses / programs. Information will be included with the course details.

**PHONE** 229.245.6484  
**FAX** 229.333.5397

## OFFICE HOURS

**MONDAY - THURSDAY**  
8 AM - 5:30 PM

**FRIDAY**  
8 AM - 3 PM

### **Q: How will I know if the course is confirmed or cancelled?**

A confirmation receipt will be mailed or emailed to you upon processing your registration. If a course is cancelled or changed you will be called or emailed. Please make sure all contact information is accurate on your registration form.

### **Q: Where will my course be held?**

Except where noted, courses are held at the Regional Center for Continuing Education. The room number will be posted on the daily schedule.

### **Q: What about parking?**

The bottom of the receipt is your temporary parking permit. Your temporary parking permit allows you to park in any legal spot except *Handicapped* or *Service Vehicle*. Please place your parking pass on the driver's side of the dashboard. Vehicles without visible permits are subject to ticketing regardless of the time of day or day of the week.

### **Q: Do I have to formally apply through VSU to take Cont. Ed. classes?**

No. All of our classes are open to the public and our registration process is simple. Any prerequisites are listed within the course description.



# Registration Form

FY15S

*Please complete the information below and see "4 Easy Ways to Register" on page 12.*

PLEASE PRINT

Legal Name _____	Preferred Name _____
Mailing Address _____	
City _____	State _____ Zip _____
Phone: Primary _____	Phone: Secondary _____
E-mail _____	SSN (Last 4 Digits) or VSU Employee ID # _____

Please do **NOT** send email newsletters with course announcements and updates.

**Refund Policy:** Unless otherwise stated in the course description, full refunds minus \$5 or 5%, whichever is greater, will be given by contacting the Continuing Education office at 229.245.6484 at least **three working days prior** to the beginning of the program. No refunds will be given for cancellations less than three working days prior to the beginning of a class, but registrants may send a substitute. No partial refunds will be given for classes missed. For classes cancelled by Valdosta State University, registrants will be issued a full refund.

Course Title	Starting Date	Fee
<b>TOTAL</b>		

**Payment Type:**

- CASH \_\_\_\_\_ CASH RECEIPT # \_\_\_\_\_  
(Amount)
- CHECK # \_\_\_\_\_  
(Make Payable to VSU Continuing Education)
- CREDIT CARD (MasterCard / VISA / Discover) \_\_\_\_\_  
(Organization - If paying for registration)

Card Holder \_\_\_\_\_ Sec Code \_\_\_\_\_  
Print Name - Exactly as it appears on card      3 Extra Digits on Reverse

Billing Address \_\_\_\_\_  
Same As Above? If Not, Print Address Here

Signature of Card Holder \_\_\_\_\_ Date \_\_\_\_\_

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

# Experience the Online EdVantage!

Discover why millions of students are making the switch to online learning. With online courses, you can study at your convenience in your preferred learning environment. Our courses and programs are highly interactive and relevant, and our instructors are engaging and support you through the curriculum.

## Online EdVantages:

- Your Time / Your Place
- Access 24/7
- Knowledgeable Instructors
- Instructor or Self-Paced
- 6 Week to 18 Months

## 6-Week Online Course Schedule:

MONTH	START
January 2015	1 / 21
February 2015	2 / 18
March 2015	3 / 18
April 2015	4 / 15
May 2015	5 / 13
June 2015	6 / 17

## Self-Paced, Instructor-Facilitated Career Training Programs:

- Start When You Are Ready
- One-on-One Mentor Assistance
- Programs for Today's Markets
- All Books & Materials Included

## Last Minute Registration? No Problem!

*No Minimum Enrollments  
Required For Online Courses.*

## Get Ready for Tomorrow's Careers!

Try our Online Career Training Programs...Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these programs at any time and learn at your own pace.

### Administrative Medical Specialist with Billing and Coding

300 Hours | \$1,895

### Certified Mediator & Conflict Resolution Specialist

200 Hours | \$3,295

### CompTIA™ Healthcare IT Technician

80 Hours | \$1,495

### Pay Per Click Marketing

150 Hours | \$1,395

### Social Media & Mobile Marketing Professional w/ OMCP® Certification

160 Hours | \$1,695

### Administrative Professional

120 Hours | \$695

For a full listing of Online Certificate & Career Training Programs visit:  
[www.valdosta.edu/ce](http://www.valdosta.edu/ce) Click on Certificate Programs  
Hours and prices are subject to change.



## Not Sure of the Right Career for You?

Our 6-week, instructor-paced career exploration courses are a great way to find the career that fits you! Before you sink a lot of time and effort into a program that may not be the best fit for you, check out our online career exploration classes:

- Become an Optical Assistant
- Become a Physical Therapy Aide
- Become a Veterinary Assistant
- Explore a Career as an Administrative Medical Assistant
- Explore a Career in Nursing
- How to Get Started in Game Development
- Introduction to Interior Design
- Explore a Career as a Pharmacy Technician
- Explore a Career as a Paralegal

*All Courses listed in this group above are \$109 each.*

# Professional Development for Educators

## 6-Week Online Instructor-Facilitated Classes:

These classes offer **2 PLUs** each and cost **\$119**.

Courses restart each month and lessons are released on Wednesdays and Fridays during the 6-week session. You must complete and submit the final exam in order to receive PLU or CEU credit.

Some of our most popular classes are:

**NEW**

### **Common Core Standards for English Language Arts K-5:**

Gain confidence in applying the Common Core State Standards for English Language Arts (reading, writing, speaking and listening, and language) to the K-5 classroom.

- **Guided Reading: Strategies for the Differentiated Classroom:** Learn creative ways to bring differentiated instruction and guided reading to life in your classroom.
- **Singapore Math: Number Sense and Computational Strategies:** In this teacher training course, you'll learn Singapore's innovative and practical strategies for solving addition, subtraction, multiplication, and division problems.
- **Spanish in the Classroom:** Learn the essential Spanish for teachers so you can communicate effectively with your Spanish-speaking students and parents.
- **Creating a Classroom Web Site:** Learn how to create a classroom Web site and how having one can make you a more effective and dynamic teacher.
- **Creating the Inclusive Classroom: Strategies for Success:** In this professional development course for teachers, you'll get the training you need to reach the diverse mix of students you face every day-learning proven strategies that turn diversity into opportunity.

**NEW**

**Teaching High School Students:** Master the latest teaching strategies to help you reach high school students, including differentiated instruction and classroom management.

- **Microsoft Excel, PowerPoint or Word in the Classroom:** Discover how to harness the tools and utilize the technologies effectively in your classroom. *(Please note: each application is a separate course.)*



## 6-Month Online Self-Paced Classes:

We are proud to offer 6-month self-paced courses in cooperation with our course vendor, VESi. Once your registration and payment are processed you will receive a confirmation email from the course vendor, VESi, with instructions for accessing your online classroom. Courses approved for **3 PLUs** are **\$189** and **4 PLUs** are **\$209**. Some of the most popular classes are:

- **Attention Deficit Disorder: Information & Interventions - 3 PLUs**  
This course will help the learner achieve a better understanding of ADD and intervention strategies to facilitate positive student change.
- **Child Abuse: Working with Abused & Neglected Children - 3 PLUs**  
Designed to help the learner identify and effectively teach students affected by child abuse and/or neglect, this course covers how to recognize the signs of physical, emotional, and sexual abuse, and physical and emotional neglect in students.
- **Harassment, Bullying, & Cyber-Intimidation in Schools - 3 PLUs**  
Increase your knowledge of the definitions and the personal, social, and legal ramifications associated with sexual harassment, bullying, and cyber-intimidation.
- **Learning Disabilities: Practical Information for the Classroom Teacher - 4 PLUs**  
This course covers program planning and implementation, stresses the importance of a close, positive partnership with parents or alternative caregivers, and explores methods for ensuring that the home-school axis is effective and meaningful.
- **Talented & Gifted: Working with High Achievers - 3 PLUs**  
The course provides the learner an understanding of ways to meet the affective needs of the gifted and talented student in the regular classroom and lists resources for teachers and parents who would like more information about the talented and gifted.
- **Teaching Elementary Math Conceptually: A New Paradigm - 3 PLUs**  
The course will explore an innovative teaching model that incorporates strategies for teaching concepts constructively and contextually.
- **Try DI!: Planning & Preparing a Differentiated Instruction Program - 4 PLUs**  
Try DI! is designed to provide you an opportunity to learn about an instructional framework, Differentiated Instruction (DI), aimed at creating supportive learning environments for diverse learning populations.

For a full listing of PLU-approved classes visit:

[www.valdosta.edu/ce](http://www.valdosta.edu/ce)

Click on "Teacher Recertification"

Complete information regarding PLU credit is available on the webpage.

NEW

# Paralegal & Legal Support Certificates

VSU Continuing Education is now partnering with The Center for Legal Studies to bring you quality Paralegal and Legal Support training programs! The Center for Legal Studies (CLS) is a legal education company focused on providing students the most affordable and effective legal education possible. The curriculum is updated by CLS to remain current and on pace with the newest trends in the legal industry. Recognizing the state-of-the-art technology and ease of use, online courses created by CLS were recently awarded top honors by Thomson West Publishing International.



## 2015 Session Dates:

**Spring15 I** ..... January 12 - February 27, 2015

**Spring15 II** ..... March 9 - April 24, 2015

**Summer15 I** ..... May 4 - June 19, 2015

**Summer15 II** ..... June 29 - August 14, 2015

**Fall15 I** ..... August 24 - October 9, 2015

**Fall15 II** ..... October 19 - December 4, 2015

### *Program Benefits:*

- Available in Multiple Formats: Online, DVD, Text-Only, & Live Lecture
- Online Certificates are Completed in One, 7-Week Session\*
- Instructors are Highly Qualified Law & Test Preparation Instructors
- 24/7 Access for Online Courses
- Up to 6 Months Access for DVD & Text-Only Course Formats

## Course List & Format:

For course details visit our website, [www.valdosta.edu/ce](http://www.valdosta.edu/ce) and click on "Online Courses".

**Advanced Legal Research & Writing** ..... ONLINE ..... \$729

**Advanced Paralegal Certificate\*** ..... ONLINE ..... \$1,800  
Requires completion of 6 topics out of 15 \*Prerequisite: Paralegal Certificate Course

**Alternative Dispute Resolution Certificate** ONLINE ..... \$645  
DVD ..... \$615  
TEXT ..... \$575

**Intellectual Property Law for Engineers** ..... ONLINE ..... \$645

**Legal Investigation Certificate** ..... ONLINE ..... \$645  
DVD ..... \$615  
TEXT ..... \$575

**Legal Nurse Consultant Training** ..... ONLINE ..... \$895  
LIVE ..... \$895

**Legal Secretary Certificate** ..... ONLINE ..... \$645  
LIVE ..... \$645  
DVD ..... \$615  
TEXT ..... \$575

**Paralegal Certificate®** ..... ONLINE ..... \$1,289  
LIVE ..... \$1,289  
DVD ..... \$1,229  
TEXT ..... \$1,189

Includes both Paralegal 1 & Paralegal 2, each a 7-week session.  
*Sessions must be taken consecutively.*

**NEW** **Personal Injury for Paralegals** ..... ONLINE ..... \$729

**NEW** **Software Essentials for the Law Office** ..... ONLINE ..... \$729

**Victim Advocacy Certificate** ..... ONLINE ..... \$645  
DVD ..... \$615  
TEXT ..... \$575



# Health Care Programs

## *Health Care Certificates*

Add to your credentials with our certificate programs for health care professionals offered in partnership with ed2go and accredited through ALLEGRA Learning Solutions\*. Continuing Education certificates for these courses will be issued by ALLEGRA upon successful completion (80% or above) of each program module. General continuing education credit will be kept on file with VSU Continuing Education for 20 years.

**NEW** **Certificate in Brain Health**  
10 Contact Hours | \$69

**Certificate in End of Life Care**  
18 Contact Hours | \$109

**Certificate in Food, Nutrition, & Health**  
16 Contact Hours | \$99

**Certificate in Gerontology**  
44 Contact Hours | \$209

**Certificate in Healthy Aging**  
10 Contact Hours | \$69

**Certificate in Holistic & Integrative Health**  
50 Contact Hours | \$295

**Certificate in Integrative Mental Health**  
22 Contact Hours | \$139

**Certificate in Meditation**  
8 Contact Hours | \$69

**Certificate in Healing Environments**  
16 Contact Hours | \$99

**Certificate in Spirituality, Health, & Healing**  
25 Contact Hours | \$209

**NEW** **Certificate in Starting Your Own Business in Health & Healing**  
10 Contact Hours | \$69

**Certificate in Stress Management**  
14 Contact Hours | \$89

*Course prices and hours subject to change.*

\*ACCREDITATION: ALLEGRA Learning Solutions, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Accreditation refers to recognition of continuing nursing education only and does not imply commission on Accreditation approval or endorsement of any commercial product. ALLEGRA Learning Solutions courses are acceptable for CE contact hours in all states. For additional information regarding approvals for MFCCs, LCSWs, NCBDE, NCBTMB, and AHNA, please see course details.

## *Health Care Courses for Personal Enrichment & Professional Development*

6-week online courses listed below are \$109 each (unless otherwise indicated), 24 contact hours, and 2.4 CEUs

### **General Health Care**

- Assisting Aging Parents
- Handling Medical Emergencies
- Human Anatomy & Physiology
- Human Anatomy & Physiology II
- Introduction to Natural Health & Healing
- Lose Weight and Keep It Off
- Luscious, Low-Fat, Lightning-Quick Meals

### **Health Care Related**

- Legal Nurse Consulting
- HIPAA Compliance
- Medical Terminology: A Word Association Approach
- Medical Math
- Spanish for Medical Professionals
- Spanish for Medical Professionals II

Complete descriptions for all of our online courses are available on our website, [www.valdosta.edu/ce](http://www.valdosta.edu/ce).



**Last Minute Registration?  
No Problem!**

*No Minimum Enrollments  
Required For Online Courses.*

## Academic Learning Support & Test Preparation:

- Been out of school and wanting to return to complete your degree?
- Need a refresher before facing college entry tests?
- Learning English as a second language?
- Considering graduate school?

If you answered **yes** to any of the questions above, we can help you on your way with our **6-week online classes**:

- Grammar Refresher
- Math Refresher
- Writing Essentials
- GED® Preparation
- GMAT Prep\*
- GRE Prep\*
- LSAT Prep\*
- SAT / ACT Prep\*
- Grammar for ESL
- Writing for ESL
- Easy English 1
- Easy English 2
- Easy English 3
- Introduction to Algebra
- Introduction to Biology
- Introduction to Statistics
- Introduction to Chemistry

*\*Now available in multiple online formats.  
See our webpage for details.*

# Google Analytics

## Software Applications:

- Intermediate Flash CS6
- Introduction to Adobe Edge Animate
- Introduction to InDesign CC or CS6 | \$109 ea.
- Introduction to Lightroom 5
- Introduction to Microsoft Project 2013
- Microsoft Office Applications: Word, Excel, Access, & Others | \$109 ea.
- Photoshop CC for the Digital Photographer
- Photoshop Elements 12 for the Digital Photographer
- QuickBooks 2014 – Introduction/Payroll/Contractors | \$109 ea.
- What's New in Microsoft Office 2013

## Computers & Technical Certification Prep:

- A+ Certification (Basic, Intermediate, Advanced) | \$119 ea.
- Computer Skills for the Workplace
- Introduction to Digital Scrapbooking
- Introduction to C# Programming
- Introduction to Oracle
- Introduction to PHP and MySQL
- Introduction to Programming
- Introduction to Windows 8
- Introduction to WordPress
- Mac, iPhone, and iPad Programming
- Networking (Introduction or Intermediate) | \$109 ea

## Internet Related:

- Achieving Top Search Engine Positions
- Creating Mobile Apps with HTML5
- Designing Effective Websites
- Introduction to Flash CS6
- Introduction to Google Analytics
- Marketing your Business on the Internet
- Understanding the Cloud
- Using Social Media in Business
- Write Effective Web Content



Detailed course descriptions for these classes, as well as over 300 other online courses, are available on our website, [www.valdosta.edu/ce](http://www.valdosta.edu/ce), Click on Online Classes.

*See page 14 for details and starting dates. \*Classes on this page \$109 unless otherwise noted.*

# Certificate Programs

VSU Continuing Education certificate programs provide opportunities to develop or strengthen foundational knowledge and skills in specific topic areas. To earn a certificate you must:

- Successfully complete the entire program in 18 months (see individual certificate program for minimum number of hours required).
- Maintain a 75% GPA or better throughout the program.
- Apply for VSU Continuing Education certificate.

## *Grant Writing Certificate*

Gain foundational skills and knowledge to write effective grant proposals. Complete the following four classes within 18 months. Minimum 96 hours.

### **Core Courses:**

- A to Z Grantwriting | Online: 24 Hours
- Get Grants | Online: 24 Hours
- Writing Effective Grant Proposals | Online: 24 Hours
- Advanced Grant Proposal Writing | Online: 24 Hours

## *Creative Writing Certificate*

Define, develop, and explore your writing abilities and enhance your writing skills on your way to becoming a published writer. Complete the entire program within 18 months. Minimum 140 hours.

### **Core Courses:**

- Beginning Writer's Workshop | Online: 24 Hours
- Grammar Refresher | Online: 24 Hours
- Research Methods for Writers | Online: 24 Hours
- Advanced Fiction Writing | Online: 24 Hours

### **\*Elective Courses (Choose Two):**

- Mystery Writing | Online: 24 Hours
- The Craft of Magazine Writing | Online: 24 Hours
- Travel Writing | Online: 24 Hours
- Beginner's Guide to Getting Published | Online: 24 Hours

\*The complete list of electives is available at [www.valdosta.edu/ce](http://www.valdosta.edu/ce). Click on "Certificate Programs."

## *Administrative Assistant I Certificate*

Develop or strengthen your foundation in the fundamentals of office management, business communication, and customer service. Minimum 120 Hours.

### **Core Courses:**

- Administrative Assistant Fundamentals | Online: 24 Hours
- Computer Skills for the Workplace | Online: 24 Hours
- Effective Business Writing | Online: 24 Hours
- Keys to Effective Communication | Online: 24 Hours

### **Elective Courses (Choose Two):**

- Who Moved My Cheese? March 3: 3 Hours, Page 7\*\*
- Managing Customer Service | Online: 24 Hours
- Achieving Success with Difficult People  
Online: 24 Hours
- What's New in Microsoft Office (2010 or 2013)  
Online: 24 Hours
- Introduction to Microsoft Outlook (2010 or 2013)  
Online: 24 Hours
- Accounting Fundamentals | Online: 24 Hours

\*\*Refer to catalog page for descriptions of in-person classes.

## *Administrative Assistant II Certificate*

Successful completion of the Administration Assistant I Certificate and the following (Minimum 165 hours):

- Administrative Assistant Applications | Online: 24 Hours
- Mastery of Business Fundamentals | Online: 24 Hours



Look for this icon throughout the catalog for classes that are part of the Administrative Assistant Certificate Program.

**\$109** PER ONLINE COURSE  
UNLESS OTHERWISE NOTED

See page 14 for start dates for all online classes.

For complete descriptions of online classes in these programs visit:

[www.valdosta.edu/ce](http://www.valdosta.edu/ce)

Click on Certificate Programs

# Certificate & Leadership Programs

## *Internet & Social Media Marketing Certificate*

Develop a foundation in Internet and social media marketing. To earn this certificate:

- Successfully complete the entire program within 18 months. (*Minimum 120 Hours*)
- Maintain a 75% GPA or higher throughout the program.
- Apply for VSU Continuing Education Certificate.

### **Core Courses:**

- Marketing Your Business on the Internet  
Online: 24 Hours
- Using Social Media in Business  
Online: 24 Hours
- Achieving Top Search Engine Positions  
Online: 24 Hours
- Creating Web Pages  
Online: 24 Hours

### **Electives (Choose Minimum of Two):**

- Blogging & Podcasting for Beginners  
Online: 24 Hours
- Creating WordPress Websites  
Online: 24 Hours
- Creating WordPress Websites II  
Online: 24 Hours
- Designing Effective Websites  
Online: 24 Hours
- Creating Content for Social Media  
4 Hours, See Page 5
- Graphic Design for Non-Designers  
8 Hours, See Page 5
- Write Effective Web Content  
Online: 24 Hours
- Advanced Web Pages  
Online: 24 Hours

Complete class descriptions available at [www.valdosta.edu/ce](http://www.valdosta.edu/ce).

See page 14 for start dates for all online classes.

Online classes \$109 each unless otherwise noted.



Look for this icon throughout the catalog for classes that are part of the Internet & Social Media Marketing Certificate.

## **Management / Leadership Skill-Builders**

Leadership and management go hand in hand. Hone your leadership and management skills, knowledge, and attitudes to maximize efficiency, nurture and develop talent, and inspire results.

Visit our website, [www.valdosta.edu/ce](http://www.valdosta.edu/ce), for complete workshop descriptions.

**For all classes below, VSU employees must register through the Employee & Organizational Development website. Location for all classes in this series is University Center Rose Room.**

### *Conflict Management*

Explore how to be a collaborative problem solver. Learn how to analyze conflict and individual responses to conflict. Gain strategies for intervening in unproductive conflict situations and using on-going dialogue as a way to enhance performance management. (.4 CEU)

Instructor **Lin Inlow** is Director of Conflict Resolution Education and Training Consortium on Negotiation and Conflict Resolution at the University of Georgia.

**Tuesday | Feb 24 | 9 AM - 1 PM | \$79 (After Feb 10, \$95)**  
15WBPD20

### *Leadership Profile & Personal Plan*

Using a leadership assessment, understand your leadership style and gain an understanding of the behavioral competencies of a model leader. Develop your own personal plan for continued leadership enhancement. (.4 CEU)

Instructor **Tim Yorkey** is a trainer with Employee Development at VSU.

**Thursday | Feb 5 | 1:30 PM - 5:30 PM | \$69 (After Jan 29, \$75)**  
15WBPD17

### *How to Hire the Right Person*

Recruiting and selecting the right person for the right job is a critical aspect of employee retention. Discover vital guidelines for creating and conducting an effective and legally defensible selection interview to increase the likelihood of finding a successful new employee. (.6 CEU)

Instructor **Rebecca Murphy** is Assistant Director of VSU's Human Resources department.

**Thursday | March 19 | 9 AM - 4 PM | \$109 (After Mar 5, \$125)**  
15WBPD18

### *Effective Meetings*

Take your meetings from being counter-productive to being streamlined and cost-effective. Learn proper meeting preparation, setting the right tone, and explore strategies for maintaining productivity. Understand the roles and responsibilities of the meeting leader and participants to help keep meetings on track. (.2 CEU)

See *Leadership Profile & Personal Plan* for instructor information.

**Friday | Jan 30 | 10 AM - 12 PM | \$39 (After Jan 16, \$49)**  
15WBPD19

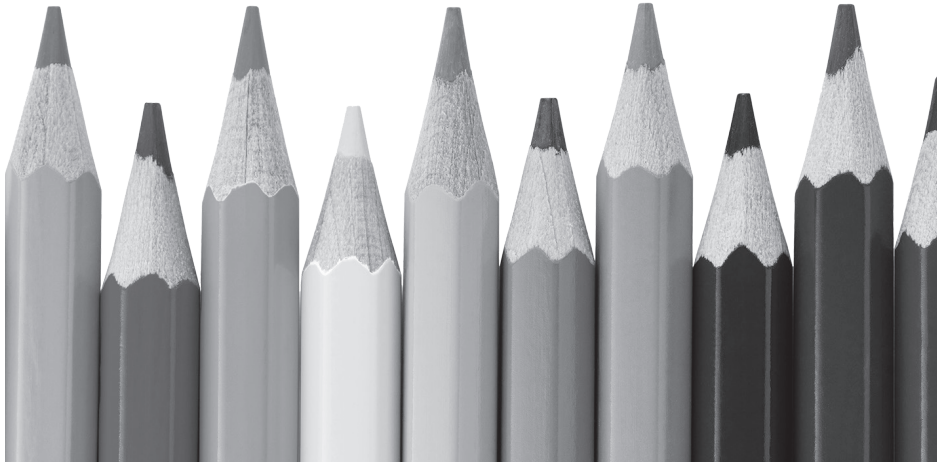
### *How to Turn Conflict into Collaboration*

Conflict happens. Often we react poorly or avoid it altogether with the result that conflict festers and grows. Learn how to increase your effectiveness in conflict situations to turn conflict into collaboration. (.3 CEU)

See *Leadership Profile & Personal Plan* for instructor information.

**Tuesday | May 19 | 9 AM - 12 PM | \$59 (After May 5, \$69)**  
15SBPD05

# Creative Expression



## *Waves of Watercolor*

Have you always wanted to try painting with watercolors? Beginners and artists who want to add watercolor to their knowledge base are welcome. Learn about supplies and practice a variety of techniques to develop your painting skills. Your instructor will provide lots of inspiration and feedback as you begin your journey on the exciting path of watercolors. See *Drawing for Beginners* for instructor information.

5 Thursdays | Feb 26 - Mar 26 | 6 - 8:30 PM  
\$99 (After Feb 19, \$115)  
15WPEL01

## *Guitar for Beginners*

For the aspiring guitarist with little or no experience, build a foundation of basic skills including tuning your guitar, finger placement, chords, strumming patterns, and several scales. Please bring your own guitar to class. Instructor **Jack Lockhart** has been a member of several professional bands and has taught guitar lessons for 10 years.

6 Tuesdays | Mar 24 - Apr 28 | 6:30 - 8 PM | \$69 (After Mar 17, \$79)  
15WPEL02

I really enjoyed those Guitar lessons.  
Our instructor Jack is very patient with beginners.  
He sent us lesson notes by emails and went  
through basic knowledge repeatedly if necessary.  
If there is another class next semester,  
I will definitely take it again.

~Xiaoai Ren,  
Guitar for Beginners Student

## *Drawing for Beginners*

Think you can't draw? Well think again! Using simple and familiar tools - pencil, eraser, and vine charcoal - you will explore line, value, proportion and more to develop and improve your drawing skills. Join us for this creative journey and be sure to bring your most useful tool - your ability to relax, suspend harsh judgment, and let yourself "see."

Instructor **Anna Waddell**, lifelong artist and teacher, enjoys motivating and encouraging adult beginners to explore their creativity through art.

5 Wednesdays | Apr 1 - 29 | 6 - 8 PM  
\$89 (After Mar 25, \$105)  
15SPEL01

This was so much fun and  
I looked forward to class  
from week to week. I  
am amazed at how much  
more detail I notice in my  
surroundings now!

~Debbie Pearce,  
Drawing Student



# Dance & Movement

## *Belly Dance for Beginners*

Looking for something new and exciting for fun or fitness? Belly dancing is the perfect class for you! No experience necessary. Learn the core movements, isolations, and basic traveling steps of this exotic art. Wear comfortable clothing. No sneakers or rubber-soled shoes; bare feet or socks recommended. Instructor **Megan Slator**, Senior Secretary in VSU's Department of Math & Computer Science, has 15+ years of experience teaching belly dance.

**6 Tuesdays | Mar 31 - May 5 | 6:30 - 7:30 PM | \$69 (After Mar 24, \$79)**

15WPEL03

### **Bring A Friend Discount!**

Two friends registering & paying together for Belly Dance for Beginners, Ballroom 101: Swing, Ballroom 101: Cha Cha or African Dance receive \$10 off the second registration.

## *Ballroom 101: Swing*

Learn the basics of East Coast Swing, a lively and fast-paced dance that is fun, fun, fun! Practice posture, leading, following, and basic dance patterns so you will be ready to hit the dance floor at your next wedding or social event. Singles are welcome but we can't guarantee a partner for you. Instructor **Janice Blanchard** has many years of experience teaching ballroom dance and is a member of USA Dance-Tallahassee.

**4 Thursdays | Mar 5 - 26 | 6:30 - 7:45 PM | \$59 (After Feb 26, \$69)**

15WPEL04

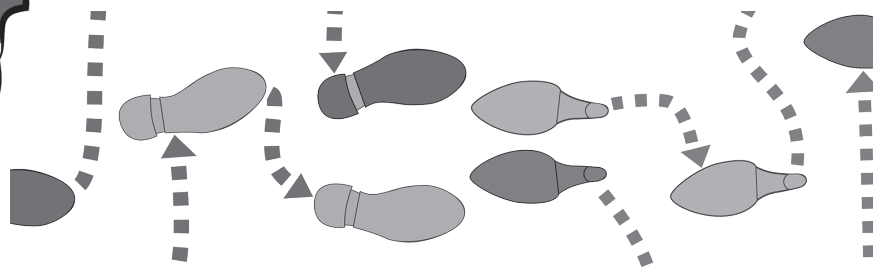
## *Ballroom 101: Cha Cha*

The Cha Cha is a versatile, exuberant, fun dance that will get your heart pumping and put a smile on your face. Learn the basic steps, posture, and timing so you can Cha Cha the night away at all of your social events. Singles are welcome, but we cannot guarantee a partner. (No sandals, sling backs, sneakers, running shoes, please. Leather-soled shoes only; women's shoes should have a minimum 1" heel.)

See *Ballroom 101: Swing* for instructor information.

**4 Thursdays | Apr 16 - May 7 | 6:30 - 7:45 PM | \$59 (After Apr 9, \$69)**

15SPEL02



## *African Dance*

Explore your own natural rhythms through African dance. Feel energized and revitalized as you move arms, shoulders, chest, hips, and feet to the heartbeat of the drums. Beginners and all levels of dancers are welcome. Instructor **Cheryl Powell** teaches a variety of dance, movement, and exercise classes and is a certified Zumba instructor.

**6 Tuesdays | Feb 10 - Mar 17 | 6:30 - 8 PM | \$69 (After Feb 3, \$79)**

15WPEL05

## *Beer Tasting 101*

In Spring, flowers begin to bloom, the sun's rays begin to feel warmer, and hops are just starting to grow. It's time to turn away from the heavy beers of Winter and try some lighter and fruitier craft beers that perfectly compliment the season. Learn about the role the beermaking process and ingredients have in forming the aromas and flavors of beer and how to taste and rate some great "spring" beers. **Class is limited to 15.**

Instructor **Herb Fiester**, during his years as an operations manager for a chain of liquor stores, became fascinated by regional beers and how they have evolved and enjoys sharing his passion through beer tastings.

**Wednesday | Mar 11 | 6 - 8 PM | \$39 (After Mar 4, \$45)**

**Unitarian Universalist Fellowship Hall, 1951 E. Park Avenue, Valdosta**

15WPEL06



## *Attracting Pollinators to Your Garden*

Every garden needs pollinators. Bees, butterflies, moths, hummingbirds, and even some beetles help keep food on our tables and ensure a wide variety of beautiful flowers for everyone to enjoy. Discover tips and techniques for attracting and keeping these beautiful and important garden visitors. Instructor **Bobby Flowers** is VSU's Horticulturist and a Georgia Certified Landscape Professional.

**Tuesday | Feb 24 | 6 - 7:30 PM | \$15 (After Feb 17, \$20)**

15WPEL07

## *Rain Gardens for Your Landscape*

What do you get when you combine your passion for gardening with your desire to be a good environmental steward? A rain garden, of course! Learn how building a simple rain garden in your yard can help prevent storm water runoff from harming our streams and rivers, re-charge our aquifer, and make your landscape beautiful and functional at the same time. Learn about the benefits of creating a rain garden system, the design and installation process, and which plants are most effective for our southern climate.

See *Attraction Pollinators to Your Garden* for instructor information.

**Tuesday | Mar 10 | 6 - 7:30 PM | \$15 (After Mar 3, \$20)**

15WPEL08

Mr. Magnasco was so interesting and informative. I am looking forward to more classes.

~Patricia Mills,  
Wine Tasting  
Student



## *Let's Talk Wine: Champagne & Sparkling Wines*

Legend has it that when Dom Perignon first tasted Champagne, he exclaimed, "Come quickly. I am tasting stars." Enjoy a tasting of champagne, prosecco, asti, spumante, moscato, cava, and other bubbly. Learn about the grapes used in making these wines and the methods and chemistry that result in those delightful bubbles. **Class is limited to 14.**

Instructor **John Magnasco** has attended numerous wine institutes and programs in California, Virginia, Italy and Portugal.

**Wednesday | Mar 25**

**6 - 8:30 PM | \$45 (After Mar 18, \$50)**

**Location: Frogtown South Winery & Vineyard, 7495 Union Rd, Hahira (directions will be sent with registration receipt or emailed upon request)**

15WPEL09

## *Register Early!*

CLASSES MAY BE  
CANCELLED IF THERE  
IS NOT SUFFICIENT  
ENROLLMENT TO  
COVER COSTS



**Continuing Education**  
**Office of Extended Learning**  
Valdosta State University  
1500 N Patterson St  
Valdosta GA 31698-0435

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Valdosta, GA

# Graphic Design for Non-Designers

- Discover How to Produce Effective Marketing Content
- Develop Practical Skills in Design Principles
- Build a Can't-Miss Style Guide
- Give Your Work a Polished Edge that Attracts Attention & Customers

4 Tuesdays, March 10 - 31

6:30 - 8:30 PM | \$89 (After March. 3, \$105)

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