The College of Nursing offers programs that lead to a Bachelor of Science in Nursing degree (B.S.N.) and a Master of Science in Nursing degree (M.S.N.).

The baccalaureate program in the College of Nursing is designed to give the student the basic knowledge, skills, and values that build upon the foundation provided by the University Core Curriculum and that are required for professional careers in nursing. Moreover, through a series of sequenced courses, the College of Nursing prepares the student for advanced study in nursing. The curricula adhere to a systemic approach which emphasizes the connections between the concepts of Holism, Caring, Competence, Health, and Teaching/Learning. The College offers a special track for Registered Nurse applicants leading to the B.S.N. or to both the B.S.N. and M.S.N. Please contact the college directly for information about this pathway.

The College’s programs stress the importance of critical thinking skills, an appreciation for diverse cultural perspectives, and the application of knowledge to address policy disputes and social problems related to health care. The program leading to the baccalaureate degree in nursing is approved by the Georgia Board of Nursing. This program provides a major measure of eligibility for the national licensing examination in nursing, leading to use of the title Registered Nurse. Applicants who have a conviction for a felony may not be eligible for licensure; it is recommended that these applicants consult with the Dean of the College before seeking entrance to the program. Both the bachelor’s degree (BSN) and the master’s degree (MSN) programs in the College of Nursing are accredited by the National League for Nursing Accrediting Commission [61 Broadway, New York, NY 10006, Phone 212-363-5555, Ext 153] and also by the Commission on Collegiate Nursing Education [One Dupont Circle, NW, Suite 530, Washington, DC 20036, Telephone: 202-887-6791 Fax: 202-887-8476].

Students may have the opportunity to gain work experience relating to their major, clarify their career goals, and earn money to help finance their education through the VSU Cooperative Education Program. Co-op students are placed, on a competitive basis, in work assignments within health care institutions. Interested students should contact the VSU Office of Cooperative Education. Telephone 229-333-7172.
B.S. DEGREE WITH A MAJOR IN NURSING

Selected Educational Outcomes

1. Synthesize theoretical, empirical, and experiential knowledge gained from the sciences, humanities, and nursing in competent nursing practice.
2. Utilize critical thinking and effective communication to assist individuals, families, and communities to attain and maintain optimal health.
3. Meet the dynamic, holistic health needs of unique and culturally diverse individuals, families, and communities throughout the life cycle.

Examples of Outcomes Measurements

1. Presentation of a senior paper and achievement on a nationally normed competency examination.
2. Senior project presentation and achievement on a nationally normed competency examination.
3. Measurement will occur throughout the program during clinical evaluation and at the end of the program by achievement on a nationally normed competency examination.

Requirements for the Bachelor of Science in Nursing Degree

Core Curriculum, Areas A-E (See VSU Core Curriculum) .......................... 42 hours
Nursing students must take the science requirements noted for Area D.2.b.

Core Curriculum Area F ................................................................. 18 hours
  BIOL 2651, BIOL 2652, BIOL 2900 .............................................. 12 hours
  Nursing Elective or Nursing-related Elective ............................. 3 hours
  MATH 2620 * .............................................................. 0-3 hours
  Guided electives selected from .............................................. 3-9 hours
  PSYC 2700, SOCI 1101**, PSYC 2500**
* Students are strongly encouraged to take MATH 2620 in area D.2.b of the Core.
** Students are strongly encouraged to take SOCI 1101 and PSYC 2500 in area E of the Core.

Senior College Curriculum .......................................................... 60 hours

Junior Level 1st semester
  NURS 3130 ................................................................. 3 hours
  NURS 3110, NURS 3120 .................................................... 11 hours
2nd semester
  NURS 3200, NURS 3200K .................................................. 4 hours
  NURS 3211, NURS 3221 .................................................... 12 hours
Senior Level 1st semester
NURS 4100 ............................................................................. 3 hours
NURS 4112, NURS 4122 ........................................................... 12 hours

2nd semester
NURS 4210 ............................................................................. 6 hours
NURS 4220 ............................................................................. 3 hours
NURS 4230 ............................................................................. 6 hours

Total hours required for the degree .............................................. 120 semester hours

Special Admission Requirements

1. Minimum cumulative GPA of 2.8 in the 60 semester hours of Core Curriculum courses required for the nursing major. (ONLY required core courses will be used to calculate the GPA.)
2. Successful completion of the Regents’ Testing Program.
3. Minimum of “C” in each science course (each science course may be repeated one time only)
4. Documentation of current health and accident insurance.

Special Retention Requirements

1. Documentation (due the first day of class) of a current physical examination by a medical physician or nurse practitioner that must include but is not limited to the following:
   a. Hepatitis B vaccination
   b. Yearly PPD tuberculin test
2. Only one nursing course may be repeated. Failure to achieve a grade of “C” or better in a repeated nursing course or in any subsequent nursing course constitutes dismissal from the program.
3. A minimum grade of “C” must be maintained in all nursing courses.
4. Documentation of current certification in CPR for health professionals (American Red Cross or American Heart Association); due the first day of classes.
5. Documentation of current malpractice insurance with minimum coverage of $1,000,000/$3,000,000 (due the first day of class).
6. Regular activities that must be able to be performed to be retained in the nursing program:
   a. stand for long periods of time;
   b. work at a fast pace for long periods of time;
   c. lift heavy objects (25 lbs. or more) three or more times each day;
   d. speak clearly and distinctly;
   e. work alternating shifts of 8 to 12 hours on days, evenings, or nights;
   f. respond appropriately to stressful situations (physically, emotionally, and mentally) and in emergency situations;
   g. communicate effectively with physicians, patients, staff, and patient families;
   h. write clearly and neatly in patient’s charts and other legal documents;
   i. hear a nurse call bell;
   j. hear telephone and have the ability to accurately take orders over the telephone;
   k. hear sounds with stethoscope to assess blood pressure, heart rate, lung, vascular, and abdominal sounds;
   l. hear a patient calling for help;
   m. hear beepers, alarms, et cetera requiring a rapid response;
   n. read very fine or small print on medication containers;
   o. see nurse call or emergency lights;
   p. visually assess patients appropriately;
   q. read and interpret physician’s orders;
   r. read monitors and other equipment accurately;
   s. demonstrate manual dexterity to don sterile gloves and gown;
   t. demonstrate manual dexterity to prepare medications aseptically whether orally, I.M., S.C. or I.V.
   u. demonstrate manual dexterity to use sterile techniques when performing activities such as insertion of catheters, IVs, et cetera; and
   v. demonstrate ability to utilize equipment and instruments needed to carry out patient care.

Special Graduation Requirements

1. Must have earned at least a “C” in all nursing courses, with a maximum of one failure.
2. Satisfactory completion of courses required for the nursing major.
3. Successful achievement of the program objectives.
The College of Nursing offers an innovative program for R.N. students, the R.N. Preference Pathway, which allows R.N. students to pursue the B.S.N. degree and complete the degree requirements in one academic year. Please contact the college directly for information about this pathway.

Requirements for the Bachelor of Science in Nursing Degree–R.N.-B.S.N. Pathway

**Core Curriculum, Areas A-E** (See VSU Core Curriculum) ...................... 42 hours
Nursing students must take the science requirements noted for Area D.2.b.

**Core Curriculum Area F** ........................................................................ 18 hours
- BIOL 2651, BIOL 2652, BIOL 2900 ........................................ 12 hours
- Nursing Elective ................................................................. 3 hours
- MATH 2620 * ................................................................. 0-3 hours
- Guided electives selected from ....................................... 3-9 hours
  - PSYC 2700, SOCI 1101**, PSYC 2500**

* Students are strongly encouraged to take MATH 2620 in area D.2.b of the Core.
** Students are strongly encouraged to take SOCI 1101 and PSYC 2500 in area E of the Core.

**Senior College Curriculum** ................................................................... 60 hours

1st semester
- NURS 3120 ................................................................. 5 hours
- NURS 3150 ................................................................. 3 hours
- NURS 4060 ................................................................. 4 hours
- NURS 4400 ................................................................. 3 hours

2nd semester
- NURS 4100 ................................................................. 3 hours
- NURS 4220 ................................................................. 3 hours
- NURS 4230 ................................................................. 6 hours
- NURS 4250 ................................................................. 3 hours
- Guided Elective .......................................................... 3 hours

Students meeting the requirements of the Georgia R.N. Articulation Agreement may receive a minimum of 27 semester hours of NURS credit to complete the total number of 120 hours required for the B.S. N. degree ........................................... 27 hours

**Total hours required for the degree** ..................................................... 120 semester hours
Nutritional Science Minor

Nutritional science is an academic discipline that offers an intellectual approach to the study of nutrition as it contributes to health promotion by primary, secondary, and tertiary prevention. The study of nutritional science provides accurate assessments of the roles of functional foods and nutrients as they affect and are affected by humans’ intellectual, biological, psychological, social, cultural, environmental, economic, and spiritual being. This minor includes the integration of holistic health concepts with alternative and complementary healing practices and contemporary medical regimes. This minor offers students the opportunity to explore research demonstrating the importance of nutritional balance (variety, moderation, and activity) to quality of life and holistic health. The nutritional status of Americans is compared and contrasted to other environments and cultures around the globe. The minor encourages the acquisition of practical experiences, the development of intellectual expertise in various aspects of nutritional science, and initiation of creative interventions to facilitate and motivate behavioral changes related to nutritional problems and diseases, such as obesity, diabetes, cardiovascular disease, cancer, and osteoporosis.

Minor in Nutritional Science ............................................................... 15-18 hours
NUTR 3100, NUTR 4000 ................................................................. 6 hours
Elective courses from the following ................................................. 9 hours

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>NURS/NUTR/WMST 3030</td>
<td>NUTR 3300</td>
</tr>
<tr>
<td>NUTR 3900</td>
<td>NUTR 3910</td>
</tr>
<tr>
<td>NUTR 3350</td>
<td>NURS/NUTR 3990</td>
</tr>
<tr>
<td>NUTR 4100</td>
<td>NUTR 4350</td>
</tr>
<tr>
<td>NUTR 4900</td>
<td>NUTR 4950</td>
</tr>
</tbody>
</table>

Selected Educational Outcomes

Students:

1. gain familiarity with the scope of nutritional science as an academic area and the research that is conducted in the field.
2. develop an appreciation for the complexities of nutritional processes and the significance of nutrition to life long health and productivity.
3. are enabled to take greater responsibility for their own nutritional choices in pursuit of holistic health.
4. assess and evaluate nutritional status and plan the implementation of appropriate interventions for optimal well-being.
5. demonstrate a commitment to outreach by sharing nutritional expertise with individuals, families, and communities.
Air Force Reserve Officer Training Course (ROTC) offers students a course of study designed to complement their individual academic major. This program is designed to commission young men and women as second lieutenants into the active duty Air Force upon completion of a bachelor’s degree and ROTC requirements. Students take one academic aerospace studies course and a leadership laboratory to receive hands-on leadership and management practice each semester during the program. Cadets enrolled in the program represent a broad cross-section of the student body. Enrollment in either the two-year or the four-year program offers each cadet an additional future career option. The student/cadet has an opportunity to explore and evaluate Air Force career opportunities while earning a college degree. Completion of the ROTC curriculum is the initial step in the education of the professional officer and provides a firm understanding of aerospace concepts, the Air Force mission, organization, and operation. A commission as an officer in the United States Air Force is tendered at the time Valdosta State University grants the bachelor’s degree.

General Program

The Air Force ROTC program consists of two phases: the General Military Course (GMC) and the Professional Officer Course (POC). Each phase requires four semesters of study on campus. The GMC courses taken during the freshmen and sophomore classes deal primarily with the various Air Force organizations and their missions, as well as the history of the Air Force. GMC courses meet two and a half hours each week: one hour in the classroom and one and a half hours in Leadership Laboratory. During the junior year, the POC courses emphasize student involvement in learning and practicing leadership and management techniques. The senior year courses deal extensively with the political, economic, and social factors relating to the formulation and implementation of national security policy. Communicative skills are stressed throughout the entire ROTC curriculum. The junior and senior cadets meet for four and one-half hours each week: three hours in the classroom and one and one-half hours in Leadership Laboratory. All cadets wear their uniforms all day on Leadership Laboratory day.

All students must complete a field training course conducted at an active Air Force base during the summer months. There are two types of courses available, depending on whether the student anticipates entering the two- or four-year program. The four-year program requires a four-week field training course to be completed normally between the sophomore and junior years. The two-year program is for those students who have not completed the GMC, including transfer students and other students unable to participate in the on-campus GMC program. The two-year program requires a five-week field training course prior to entering the POC. Veterans can be awarded full credit for the
Freshman and sophomore courses and may enter the POC, based on their active military experience. Students interested in Air Force ROTC should contact the Aerospace Studies Department to determine eligibility.

**Selection for the POC**

Selection for the POC is based on the best interests of the Air Force together with achievement records of academic ability, observed leadership traits, and the results of an officer aptitude qualification test and physical examination. Schedules for the tests are announced through normal student advisory media.

Other requirements for POC entry are:

- Be a full-time student with at least two academic years remaining of undergraduate and/or graduate studies
- Qualify on the Air Force Officer Qualifying Test (AFOQT)
- Qualify on the Air Force medical examination
- Be at least 17 years old and have parent or legal guardian consent
- Be a United States citizen
- Be interviewed and accepted for enrollment
- Be of good moral character
- Be in good academic standing
- Complete all commissioning requirements as follows:
  
  **Pilot & Navigator Candidates:** Before age 29
  **Scholarship Recipients:** Before age 31 as of December 31 in the eligible year of commissioning.

**Placement Credit**

Students who completed ROTC courses in essentially military preparatory schools or junior colleges may be given appropriate credit. Students who have taken high school ROTC should contact the Professor of Aerospace Studies for placement. Individuals with prior service may also be given placement credit.

A tiered stipend ranging from $250 to $400 per month is paid to cadets on scholarship. This sum is in addition to any other scholarship benefits held by students. When attending either field training course, cadets are furnished transportation or payment for travel plus pay. Free medical and dental care and all uniforms are provided while at field training.

**Scholarships**

Scholarships are available to highly qualified students participating in Air Force ROTC programs. The “in-college” scholarship consists of up to $15,000 toward tuition, $480 toward books, and the monthly allowance mentioned above for each scholarship year. Scholarship consideration is predicated on student ability, performance, and potential. Contracted POC students may be eligible for a $3,450 incentive scholarship provided they are not receiving any other scholarship monies.
Student Obligations

When entering the Professional Officer Course, students must have at least two full academic years remaining to complete their college requirements for an undergraduate or a graduate degree or a combination of the two. Each POC student is required to enlist in the Air Force Reserve and to execute a written contract with the government. This contract requires a student to complete the POC and to accept a commission as a second lieutenant if tendered. General Military Course students are under absolutely no obligation. Students interested in this commissioning program should contact the Unit Admissions Officer, telephone 229-333-5954.

The Minor in Aerospace Studies

The minor in aerospace studies is offered to any student completing the courses of study listed below. The minor not only prepares cadets for active duty service but also provides students the opportunity to study one of our country’s major instruments of power, the U.S. military. Students will gain a broad perspective of the Air Force and its use as an instrument of national power by studying its history, organizations, missions, and operations.

Requirements:

**Lower Division Courses** ................................................................. 4 hours
AS 1001, AS 1002, AS 2001, AS 2002 .............................. 1 hour each

**Upper Division Courses** ............................................................... 12 hours
AS 3001, AS 3002, AS 4001, AS 4002 .............................. 3 hours each

Also recommended: one elective selected from the following:
HIST 4100, HIST 4404, HIST 4500,
POLS 4410, POLS 4420, POLS 4430

**Total semester hours required for the minor** .................. 16 semester hours
Cooperative Education (Co-op) is an academic program that allows students to combine classroom instruction with degree-related work experience. Co-op students are able to confirm their choice of major, to apply classroom instruction to professional employment settings, and to strengthen their marketability upon graduation. Students also develop professional work skills and habits, earn competitive salaries, and make valuable career contacts. Co-op program employers encompass a vast network of local, state, and national employers.

MISSION

The mission of the Valdosta State University Office of Cooperative Education is to support the academic, career, personal, and work-skills development of VSU students through structured work-based learning experiences.

GOALS

The following strategic goals are integral to the mission of the Co-op Program: (1) maximize student development, (2) enhance the employer network, (3) achieve superior unit planning and administration, (4) nurture dynamic partnerships.

DEFINITION OF TERMS

Valdosta State University subscribes to the “Attributes of Cooperative Education Programs (http://www.co-op.uc.edu/home),” a national standard for Co-op Program administration and policies. Program models that meet the ACEP guidelines are available to VSU students:

Co-op Programs

Alternating

Students work full-time for a minimum of two semesters, one of which is not a summer term, separated by at least one semester of full-time enrollment at VSU.

Parallel

Students work 15 to 25 hours per week for a minimum of four semesters while being concurrently enrolled in at least six hours of academic coursework. The four work semesters may be completed with two different employers.

Combination

Students have a combination of full-time and part-time work experiences for the equivalent of two full-time work semesters.

Part-time Traineeship

Students work 15-25 hours per week while attending VSU a minimum of half-time one semester.
Full-time Traineeship
Students work full-time, one semester.

Note: Traineeships may be repeated up to two semesters. Traineeships may meet the qualifications of an academic department internship. For specific information pertaining to an academic internship, please see the department internship coordinator.

School-to-Career

Valdosta State University is one of a select group of colleges and universities to offer a School-to-Career (STC) Program. The School-to-Career Program consists of partnerships with area high schools to provide work-based learning opportunities.

Kappa Theta Epsilon

The VSU Kappa Theta Epsilon Eta Chapter serves a dual purpose: to promote the Cooperative Education program at VSU by enhancing contact between students, faculty, industry, and other Co-op programs, and to honor those VSU Co-op participants who demonstrate distinguished industrial and academic performance.

Students in Free Enterprise (SIFE)

The Office of Cooperative Education works closely with the VSU SIFE team to provide additional opportunities for students to gain business-related experience, to improve public speaking skills, and to compete on an international level. More information can be found at http://www.valdosta.edu/sife/

ELIGIBILITY

Students from a wide range of majors are eligible to participate in the Cooperative Education Program. The following majors have significant numbers of Co-op placement opportunities: accounting, art, biology, chemistry, communication arts, computer science, computer information systems, early childhood education, economics, finance, management, marketing, pre-engineering, and psychology. In addition, individual students from other majors are placed in Co-op positions on a limited basis. Students may be accepted into the cooperative education program via the following options:

Regular Admission
Students must earn a minimum 2.0 cumulative grade point average and must have completed 30 semester hours of coursework at Valdosta State University.

Accelerated Co-op Entry (ACE)
Students must provide acceptable documentation of completion of an approved high school work-based learning program or complete 12 or more semester hours at VSU with a minimum cumulative grade-point average of 3.0.

Transfer Admission
Students must provide documentation of completion of at least 30 semesters hours with a minimum 2.0 cumulative grade point average for all transfer credits.
After placement in a co-op position, students must
1. Maintain a minimum cumulative 2.0 grade point average each work semester;
2. Return to good academic standing within one semester if placed on academic probation.

Co-op Probation

1. Students will be allowed to continue work for one semester while on academic probation.
2. If placed on probation for a second semester after placement, students will be removed from the cooperative education program until they return to good academic standing with the institution.

Co-ops and trainees are considered as being enrolled full-time for insurance purposes and enrollment certification (loan deferment) for federal student loan programs during their work semesters if they are enrolled in the proper COOP course. Eligibility for financial aid programs is based on the number of hours enrolled, just as for other students.

COOP COURSES

Co-op is an academic program and, as such, includes the completion of specific coursework. Each placed student must enroll in the appropriate COOP course each work semester. Credit and non-credit program options are available. Students completing the credit option are eligible to earn the Diploma Seal of Advanced Cooperative Education. Students completing the non-credit option are eligible to earn the Certificate of Cooperative Education. Students’ initial work term will not precede their first academic term, nor will any work terms follow students’ final academic term.

Requirements: Certificate of Cooperative Education. 0 hours

The certificate is awarded to students who complete the equivalent of two full-time semesters of cooperative education work experience. During these work experiences, students will enroll each semester in COOP 2300 or COOP 2310. 0 hours

Requirements: Diploma Seal of Advanced Cooperative Education. 6 hours

COOP 1101, COOP 1102, and COOP 1103 (1 hour each)
or COOP 2500. 3 hours
COOP 4990. 3 hours
Selected Educational Outcomes

1. Students will write and present a career vision statement that includes goals and objectives.
2. Students will demonstrate appropriate work-skills related to their major and/or career goals on a co-op job site.
3. Students will identify their strengths and weaknesses related to career employment by completing a self-assessment.
4. Students will create a career development plan based on the self-assessment.

Examples of Outcome Assessments

1. Using a criterion-based program checklist, the co-op faculty coordinator, the Director of Cooperative Education, and the work place supervisor will assess the career vision statement.
2. The students’ work-site supervisor will assess the student’s work skills using the employer evaluation form.
3. The Director of Cooperative Education and the Cooperative Education Coordinators will review students’ responses to the self-assessment.
4. Students will implement their career development plan and document progress in a written semester report to be presented to faculty, other students, and employers, who will rate the presentation using a criterion-based checklist.

More comprehensive information about the Co-op Program including a current listing of Cooperative Education employers and job listings is housed on the Co-op Office web site at <http://coop.valdosta.edu>. The Co-op Office is located in Powell Hall West. The office telephone number is 229-333-7172.
Learning Support Policy

Learning Support programs are intended to serve non-traditional students who are not prepared for Core Curriculum courses and need additional preparation in reading, mathematics, and English. Non-traditional students are defined as students who have been graduated from high school for a minimum of five years or students who hold a General Education Diploma (GED) and their class has graduated at least five years ago. Students who have been away from formal education at least five years and have attempted fewer than 30 semester hours are also eligible for this category. Students who are required to take Learning Support courses because they do not meet the minimum requirement on the COMPASS for exemption are subject to this policy.

1. During the first semester of enrollment, students must first register for all required Learning Support courses for which they are eligible to register before being allowed to register for other courses.

2. Until Learning Support requirements have been satisfied, students shall not be permitted to take credit courses which require the content or skills of the learning support courses as prerequisites. ENGL 0099 is a prerequisite for college-level English courses. MATH 0097 and MATH 0099 are prerequisites for college-level mathematics, physics, and chemistry courses.

3. Students may not accumulate more than 20 semester hours of college-level credit before completing all Learning Support requirements. Students who accumulate 20 semester hours of college-level credit and have not successfully completed required Learning Support courses may enroll only in Learning Support courses until requirements are successfully completed.

4. No degree credit will be earned in Learning Support courses, but institutional credit will be awarded.

5. Students enrolled in both Learning Support courses and credit courses may not withdraw from a Learning Support course with a “W” unless they also withdraw from credit courses.

6. Students will not be permitted to take the exit COMPASS in an area until they have met all requirements for eligibility in the exit-level Learning Support course. (The exit-level mathematics course is MATH 0099.)

7. Students required to enroll in Learning Support courses are allowed three semesters in which to satisfy all exit requirements. Students in the third semester of Learning Support courses are limited to a total of 12 hours, including Learning Support courses. Students who have accumulated 20 semester hours of college-
level credit and have not successfully completed required Learning Support courses may enroll only in Learning Support courses until requirements are successfully completed. Students who have not exited a Learning Support course at the end of the third semester of eligibility will be suspended by the University System and the institution for three years. In unusual circumstances, a student may appeal for one additional semester. If granted the additional attempt, the student may enroll in only the Learning Support course.

8. To exit a Learning Support area, students must successfully complete the exit level Learning Support course in that area, meet any established institutional standards, and attain at least the University System minimum COMPASS scores of 37 in Math and 60 in English.

The mission of the Athletic Department is to develop student-athletes as complete individuals and educated citizens fully prepared to make a positive contribution to their community. This development must be accomplished within the academic framework of the University and in concert with the institution’s overall mission. With respect to spectators and supporters, the athletic program seeks to serve the region and enhance the development of the institution by fostering a sense of loyalty and community among students, faculty, staff, alumni, and supporters.